INTRODUCTION

The College of the Science of Creative Intelligence (SCI) provides the systematic knowledge and experience of pure intelligence which is basic to the study and full development of any discipline and to progressive and fulfilling action in life. The particular responsibility of the College is for practical and theoretical programs related to the development of consciousness.

The College of SCI meets its responsibilities in three ways.
1) Through the Department of the Science of Creative Intelligence, it offers doctoral, master’s, bachelor’s, and associate’s degrees in the Science of Creative Intelligence program and an undergraduate minor in SCI.
2) Through the Department of the Development of Consciousness, it offers instruction in the Transcendental Meditation and TM-Sidhi programs, the Research in Consciousness courses taken by all students, and Special SCI Studies Programs.
3) The College also directly oversees the following courses and programs:
   • The Natural Law Seminar program taken by most bachelor’s and associate’s degree students (Please refer to the earlier section of this name for course descriptions.)
   • The Forest Academy program courses taken by all students each semester, focusing deeply on the Science of Creative Intelligence and Maharishi Vedic Science.
   • The Research in Consciousness or group practice of the Transcendental Meditation and TM-Sidhi programs which all students take.

DEPARTMENT OF THE DEVELOPMENT OF CONSCIOUSNESS

Research in Consciousness (RC) courses: Regular practice of the Maharishi Transcendental Meditation and TM-Sidhi programs represents ongoing laboratory work in the Science of Creative Intelligence and fulfills a primary goal of the University—development of consciousness, on both the individual and collective levels. All students take part in these courses twice daily. Specific grading policies for these courses are provided by the Registrar. (These courses are described more fully at the end of this section.)

Special SCI Studies Program: This program allows students to earn credit through course work taken here in Fairfield and in other parts of the world. The purpose of this program is to recognize the academic accomplishments of students who complete the unique courses in the Science of Creative Intelligence, described in “Special SCI Studies Courses” under “Course Descriptions” for the College of SCI. Non-degree-seeking students who later decide to seek a degree, may apply courses successfully complet-
ed under the Special SCI Studies program toward degree requirements, with the approval of the student’s academic advisor. For details about the policies and application procedures for these courses, please contact the Registrar’s Office.

**Instruction in the Transcendental Meditation Technique and the TM-Sidhi Program:** The Department offers instruction in the practice of the Transcendental Meditation technique (offered separately or as part of the Science of Creative Intelligence courses (NLS 100, FOR 100, and FOR 500) and the TM-Sidhi program (SCI 330), available for additional cost beyond the regular tuition charges.

**Department of the Science of Creative Intelligence**

Maharishi Vedic Science is the science of Veda—the science of pure knowledge—formulated by Maharishi Mahesh Yogi on the basis of the experiences of the Transcendental Meditation technique, and the complete theoretical and practical knowledge of Veda, available in the traditional Vedic Literature.

The Science of Creative Intelligence links the deepest understanding about nature found in modern science with the understanding expressed in Maharishi Vedic Science. The Science of Creative Intelligence, founded by Maharishi, is a new discipline that provides systematic knowledge and experience of pure creative intelligence. As such, Maharishi Science of Creative Intelligence is the foundation for a universal and complete understanding of the full range of human potential.

The Science of Creative Intelligence not only validates the truth of knowledge on the basis of personal experience, but also finds validation in modern empirical research and in the Rik Veda, the “first textbook” of the Science of Creative Intelligence, which is a record of the Constitution of the Universe—the fundamental impulses of Natural Law that govern the creation and evolution of the universe.

Through the study of Maharishi Science of Creative Intelligence and Vedic Science, students develop an understanding of how the qualities of the self-interacting dynamics of consciousness in Veda and the Vedic Literature express themselves in the laws of nature studied by modern science and particularly in the human physiology. With their daily enlivenment of consciousness through group practice of the technologies of Maharishi Vedic Science, students grow in the fruit of all knowledge: the ability to know anything, do everything right, and thereby accomplish anything.

Maharishi summarizes the vision opened by his Science of Creative Intelligence as follows: “The Science of Creative Intelligence opens human awareness to the Unified Field of Natural Law. The Unified Field is the common basis of all activity in the universe. The application of this knowledge is in all fields of life, and research properly guided in the field of the Science of Creative Intelligence will revolutionize all fields of life and living in the world. It will bring life in accordance with Natural Law. That means life spontaneously in the evolutionary direction which is the basis of all success and progress in any country. The Science of Creative Intelligence introduced in education has a future for creating Heaven on Earth—life in the fullness of bliss and daily living without stress and suffering.”

**Programs Offered**

The Department of SCI offers the following programs:

- **B.A. in SCI**
- **B.A. in SCI**—for students who are already teachers of the Transcendental Meditation program
- **Minor in SCI**
- **Minor in Development of Consciousness**
- **Specialization in Consciousness** for both undergraduate and graduate students
- **M.A. in S.C.I.**—A one-year program when taken in the standard class schedule (meeting six days per week, 4 weeks per 4-unit course) or a 3-year program when taken on the nonstandard schedule—meeting Wednesday evenings and Saturday afternoons, 12 weeks per 4-unit course. Five of the required courses are also offered Tuesday, Wednesday, and Thursday afternoons, 12 weeks per 4-unit course. All programs require ten 4-unit courses regardless of which schedule. Not all courses are offered in every schedule. With additional course work students can add a concentration to the above master’s degrees in one of the following areas:
  1. Concentration in Maharishi Vedic Technologies
  2. Concentration in Educational Applications of SCI
  3. Concentration in Advanced Maharishi Vedic Science
  4. Concentration in Maharishi Vedic Medicine
  5. Concentration in Reading the Vedic Literature
  6. Concentration in Research in Consciousness
- **M.A. in S.C.I.** with an Emphasis in Research in Consciousness—A three-year degree program which includes nine 3-unit courses taken along with three years of the Creating Coherence Program. Each class is 12 weeks long, meeting two afternoons per week. This is a terminal degree and does not prepare students for the doctoral program.
- **Ph.D. in SCI**—A three-year program if core curriculum is taken in the standard class schedule (meeting 6 days per week), a seven-year program if core curriculum is taken in a nonstandard format.
- **Certificate in Maharishi Vedic Science: Sanskrit and Reading the Vedic Literature**—one- and two-year options available (Classes meet mornings only)
• Certificate in Research in Consciousness—a twelve-month program for practitioners of the Maharishi Transcendental Meditation and TM-Sidhi programs

**SPECIAL FEATURES**

• Focus on an ideal daily routine with emphasis on experiencing the Unified Field of Natural Law in daily research in consciousness.

• Extensive exposure to and work with over 30 years of taped lectures by Maharishi on his Science of Creative Intelligence and Vedic Science.

• Study of the full range of all aspects of the Vedic Literature, including Veda, Vedangas, Upangas, Upan-Vedas, Itihasas, Puranas, and Smritis.

• Experience with pronunciation of and the ability to read the Sanskrit language, which Maharishi has described as the language of Nature.

• Exploration of the scientific character of Maharishi’s knowledge, including the basic research methods of modern science and its objective verification of Maharishi Vedic Science.

• Investigation of the principle theoretical research tools of Maharishi Science of Creative Intelligence including Unified Field and Richo Akshare Charts.

• Knowledge recently brought to light by Maharishi, including Maharishi Master Management™ and the discovery of Veda in human physiology.

• Development of communication skills in Maharishi Science of Creative Intelligence and Vedic Science with emphasis on writing and speaking skills.

**The Bachelor of Arts Degree**

• Coverage of all the major themes of the Maharishi Science of Creative Intelligence program including philosophy of action, higher states of consciousness, and collective consciousness.

• Study of source documents in the Science of Creative Intelligence with emphasis on the Science of Being and Art of Living.

• Development of writing and speaking skills as students apply Maharishi Vedic Science to the areas of health, education, management, and rehabilitation.

• A two-month integrative writing exercise in the specialty of Maharishi University of Management—connecting the main conclusions of the modern disciplines with the knowledge of SCI and Maharishi Vedic Science.

**The Master of Arts Degree**

• In-depth study of Maharishi’s commentary on the first six chapters of the Bhagavad-Gita.

• Systematic study of the key themes of Maharishi Vedic Science, including self-referral, the mechanics of creation, Maharishi’s Apauruseya Bhashya of Rik Veda, and Veda in human physiology, from books and videotaped lectures of Maharishi Mahesh Yogi.

• Introduction to the Maharishi Jyotish™, the Maharishi Sthapatya Veda™ program, and Maharishi Gandharva Veda™ music.

• Development of the ability to write a proposal to apply Maharishi Vedic Science for the solution of a current problem in society.

**The Ph.D. Degree**

• Specialization in Vedic Literature, Applications of Maharishi Vedic Science, Modern Science and Maharishi Vedic Science, or Higher States of Consciousness.

• In-depth study of the foundational principles of Maharishi Vedic Science including the discovery of Veda and Vedic Literature in human physiology.

• Learn to read Sanskrit, the language of the self-interacting dynamics of consciousness expressed in the Vedic Literature.

**The Certificate in Maharishi Vedic Science: Sanskrit and Reading the Vedic Literature**

• Learn to read and write Sanskrit from the original Devanagari script, and read Vedic Literature for its sound value, enjoying benefits in consciousness and physiology.

• Study key themes of Maharishi Vedic Science from writings and videotaped lectures of Maharishi Mahesh Yogi.

• Enjoy lively discussions and class projects in an active learning environment.

**DEPARTMENTAL REQUIREMENTS**

**Entrance Requirements for the Bachelor of Arts Degree in the Science of Creative Intelligence**

Before entering the major in the Science of Creative Intelligence, students must complete the Natural Law Seminar requirement, as well as the undergraduate writing, mathematics, and computing proficiency requirements.
Graduation Requirements for the Bachelor of Arts Degree in the Science of Creative Intelligence

To graduate with a B.A. in the Science of Creative Intelligence, students must successfully complete all general requirements for the bachelor's degree. (Please refer to “Degree Requirements” in “Academic Policies.”) The requirements for the major are three semester-long modules (60 units) of course work as listed below.

40 units of required courses:
• SCI 202 Higher States of Consciousness
• SCI 206 Collective Consciousness
• SCI 208 Maharishi Vedic Science I
• SCI 210 Maharishi Vedic Science II
• SCI 212 Maharishi Vedic Science II
• SCI 304 Applications of Vedic Science
• SCI 307 Practicum in Vedic Science
• SCI 308 Scientific Research
• SCI 307 Practicum in Vedic Science
• SCI 400 Senior Project I: Seminar
• SCI 401 Senior Project II: Research

plus one of the following options (20 units each):

Option 1
• SCI 310 TM Program Lecture and Checker Training (8–12 units)
• SCI 312 Fieldwork I
• SCI 313 Fieldwork II

Option 2—Reading Vedic Literature
• SCI 222 Sanskrit I
• SCI 223 Sanskrit II
• SCI 321 Readings in Vedic Literature I
• SCI 322 Readings in Vedic Literature II
• SCI 323 Readings in Vedic Literature III

Option 3—Maharishi Vedic Psychology
• PSYCH 301 Maharishi Vedic Psychology
• PSYCH 330 Levels of the Mind I
• PSYCH 334 Levels of the Mind II
• PSYCH 375 Seminar in Consciousness I
• PSYCH 376 Seminar in Consciousness II

Option 4—TM Program Teacher Training*
• SCI 490 TM Program Teacher Training—Part I
• SCI 491 TM Program Teacher Training—Part II
• SCI 492 TM Program Fieldwork Internship*

Option 5—TM Program Research Internship*
• SCI 497 TM Program Research Internship (24 units)

*Choosing Option 4 or 5 does not guarantee that students will be admitted into SCI 490, SCI 491, SCI 492, or SCI 497. Students who are not accepted into these courses are encouraged to take one of the other options, especially Option 2—Reading the Vedic Literature. In addition, SCI 490 and SCI 491 may be offered in varying time periods, therefore their units may need to be adjusted.

NOTE: SCI 490, SCI 491, and SCI 492 are generally taken after all other course work for the bachelor's degree has been completed.

Entrance Requirements for the Bachelor of Arts Degree in the Science of Creative Intelligence—for Teachers of the Transcendental Meditation Technique

The B.A. in SCI—for Teachers of the Transcendental Meditation technique has been designed for those teachers of the Transcendental Meditation technique who have extended experience in teaching this technique prior to enrolling in the B.A. in SCI major. To enter this program students must be eligible for 24 units of credit for either Teaching Internship (SCI 493) or Research Internship (SCI 497).

Graduation Requirements for the Bachelor of Arts Degree in the Science of Creative Intelligence—for Teachers of the Transcendental Meditation Technique

To graduate with a B.A. in SCI—for Teachers of the Transcendental Meditation technique, students must successfully complete all requirements for the bachelor's degree. (Please refer to “Degree Requirements” in “Academic Policies.”) The requirements for the major are 72 units of course work as follows:

24 units from the following:
• SCI 493 TM Program Teaching Internship
• SCI 497 TM Program Research Internship

plus up to 48 units from the following:
• SCI 490 TM Program Teacher Training—Part I
• SCI 491 TM Program Teacher Training—Part II
• SCI 495 TM Program Governor Training
• SCI 498 TM Program Minister Training

remaining units to be chosen from the following:
• SCI 200 The Philosophy of Action
• SCI 202 Higher States of Consciousness
• SCI 206 Collective Consciousness
• SCI 208 Maharishi Vedic Science I
• SCI 210 Maharishi Vedic Science II
• SCI 212 Maharishi Vedic Science III
• SCI 221 Sanskrit I
• SCI 222 Sanskrit II
• SCI 300 Source Documents in SCI I
• SCI 304 Applications of Vedic Science
• SCI 307 Practicum in Vedic Science
• SCI 308 Scientific Research
• SCI 400 Senior Project I: Seminar
• SCI 401 Senior Project II: Research

Requirements for the Minor in the Science of Creative Intelligence

To graduate with a minor in the Science of Creative Intelli-
gence, students must successfully complete one semester-long module (20 units) of course work in one of the following options:

Option 1
• SCI 202 Higher States of Consciousness
• SCI 206 Collective Consciousness
• SCI 208 Maharishi Vedic Science I
• SCI 210 Maharishi Vedic Science II
• SCI 212 Maharishi Vedic Science III

Option 2
• SCI 304 Applications of Vedic Science
• SCI 307 Practicum in Vedic Science
• SCI 308 Scientific Research
• SCI 321 Readings in Sanskrit I
• SCI 322 Readings in Sanskrit II

Option 3
• SCI 222 Sanskrit II
• SCI 223 Sanskrit III
• SCI 321 Readings in Sanskrit I
• SCI 322 Readings in Sanskrit II
• SCI 323 Readings in Sanskrit III

Requirements for the Minor in the Development of Consciousness

To graduate with a minor in the Development of Consciousness students must complete the following course work in Forest Academies and Research in Consciousness:

Forest Academies

Required courses:
• FOR 100 Maharishi Science of Creative Intelligence (same as NLS 100)
• FOR 431 Higher States of Consciousness

plus 12 units from the following:
• FOR 411 Self-Referral Consciousness
• FOR 430 Topics in the Science of Creative Intelligence
• FOR 432–499

Research in Consciousness

2 units per semester of:
• RC 320 Collective Practice of the TM Program
or 4 units per semester of:
• RC 332 Collective Research in Consciousness

NOTE: Students in the Maharishi Vedic Medicine program not taking FOR 100 need to substitute 2 units of other FOR courses.

Requirements for the Specialization in Research in Consciousness

The specialization in research in consciousness can be added to an undergraduate or graduate student’s degree. Undergraduates need to complete 24 units, graduate students 8 units, from the following courses:
• SCI 490 TM Program Teacher Training–Part I
• SCI 491 TM Program Teacher Training–Part II
• SCI 492 TM Program Fieldwork Internship

Entrance Requirements for the Master of Arts Degree in SCI

For entrance into the M.A. in SCI program, students must hold a bachelor’s degree. In addition, students must be practicing the Transcendental Meditation and TM-Sidhi programs or complete the following undergraduate courses: SCI 202, SCI 206, SCI 208, SCI 210, and SCI 221 in the first semester.

NOTE: Students whose first language is not English should be aware that a TOEFL score of 600 is required for entrance into this program.

Graduation Requirements for the Master of Arts Degree in SCI

In order to qualify for the degree of M.A. in SCI, students must successfully complete all requirements for the master’s degree, including FOR 500, the Science of Creative Intelligence or FOR 501, Review of the Science of Creative Intelligence. (Please refer to “Degree Requirements” in “Academic Policies.”) In addition, students must complete 40 units of course work as follows:

20 units of required courses
• SCI 505 Maharishi Vedic Science I (4 units)
• SCI 506 Maharishi Vedic Science II (4 units)
• SCI 509 Bhagavad-Gita I (4 units)
• SCI 517 Research Paper (4 units)
• SCI 525 Sanskrit I (4 units)

plus 20 units selected from the following:
• SCI 461 Self-Pulse Reading (2–4 units)
• SCI 462 Yoga Asanas (2–4 units)
• SCI 463 Prevention (2–4 units)
• SCI 464 Diet and Digestion (2–4 units)
• SCI 501 Unified Field of Natural Law I (4 units)
• SCI 502 Unified Field of Natural Law II (4 units)
• SCI 503 SCI and the Philosophy of Science (4 units)
• SCI 507 Maharishi Vedic Science III (2–4 units)
• SCI 511 Bhagavad-Gita II (4 units)
• SCI 513 Maharishi Vedic Approach to Health I (4 units)
• SCI 514 Maharishi Vedic Approach to Health II (4 units)
• SCI 515 Maharishi’s Vedic Theme of Education (2–4 units)
• SCI 550 Total Knowledge I (4 units)
• SCI 551 Total Knowledge II (4 units)

NOTE: In the event that a student has completed some of these courses as part of the M.A. in SCI with an Emphasis in Research in Consciousness, the student may petition the Department to be allowed to complete this degree by waiving those courses which overlap.
Master’s Degree Concentrations

Students in the M.A. in SCI listed above may add a concentration to their degree by completing additional course work in one of the following areas:

- **Practicum Concentrations**—students expand, apply, and express their growing knowledge of the Science of Creative Intelligence and Maharishi Vedic Science in professional settings. The Practicum Concentrations may be taken concurrently with the nonstandard schedule of study, or they may be taken after some or all of the M.A. classwork in the standard schedule has been completed.

  The two Practicum Concentrations are:
  - Concentration in Maharishi Vedic Technologies
    - 20 units of:
      - SCI 580 Professional Development in Maharishi Vedic Technologies
  - Concentration in Educational Applications of the Science of Creative Intelligence
    - 20 units of:
      - SCI 581 Educational Applications of the Science of Creative Intelligence

- **Academic Concentrations**—students complete 20 units of additional coursework.

  The three Academic Concentrations are:
  - Concentration in Advanced Maharishi Vedic Science
    - 20 units of course work in classes that were not taken for the M.A. in S.C.I., or have been significantly reformulated with new books and materials since they were taken, or SCI 520 Advanced Studies in Maharishi Vedic Science
  - Concentration in Maharishi Vedic Medicine
    - 20 units of course work in the core curriculum of the College of Maharishi Vedic Medicine
  - Concentration in Reading the Vedic Literature
    - 20 units of course work selected from the following:
      - SCI 525 Sanskrit I
      - SCI 526 Sanskrit II
      - SCI 527 Sanskrit III
      - SCI 534 Readings in Vedic Literature

- **Research in Consciousness Concentration**—students complete 3 years of extended practice of the Maharishi Transcendental Meditation and TM-Sidhi programs

  - Concentration in Research in Consciousness
    - 27 units of:
      - RC 545 Advanced Collective Research in Consciousness

Graduation Requirements for the Master of Arts Degree in SCI with an Emphasis in Research in Consciousness

This three-year program combines extended research in consciousness through the Creating Coherence Program with classes meeting on a nonstandard schedule (two afternoons per week, 12 weeks per 3-unit course). This is a terminal degree. It does not fulfill the prerequisites for entering the doctoral program in SCI.

In order to qualify for the degree of M.A. in SCI with an emphasis in Research in Consciousness, students must successfully complete all general requirements for the master’s degree, including FOR 500, the Science of Creative Intelligence or FOR 501, Review of the Science of Creative Intelligence. (Please refer to “Degree Requirements” in “Academic Policies.”) In addition, students must complete 54 units of course work as follows:

  - 27 units of the following required courses:
    - SCI 505 Maharishi Vedic Science I (3 units)
    - SCI 506 Maharishi Vedic Science II (3 units)
    - SCI 509 Bhagavad-Gita I (3 units)
    - SCI 511 Bhagavad-Gita II (3 units)
    - SCI 525 Sanskrit I (3 units)
    - SCI 526 Sanskrit II (3 units)
    - SCI 534 Readings in Vedic Literature (9 units)
  - plus 27 units of:
    - RC 545 Advanced Collective Research in Consciousness

  *NOTE: The general degree requirement of RC 535 is waived for students in this program. The only Forest Academies required in this program are FOR 500 or FOR 501 in the first semester.*

Entrance Requirements for the Ph.D. Degree in the Science of Creative Intelligence

Students entering the program must hold a Master of Arts degree in the Science of Creative Intelligence (please refer to listing above for requirements), and have demonstrated their ability to undertake doctoral level work. For acceptance into the program, a student’s complete academic record, Graduate Record Examination (GRE) General Test scores, and personal recommendations are also considered.

The Ph.D. in SCI is the highest academic and professional degree in the discipline devoted to the study of the holistic development of consciousness. The Department will, therefore, evaluate students not only for their demonstrated ability to undertake doctoral level academic work in the field, but also for the prospective student’s demonstrated ability to serve as an example of the highest standards of holistic development.
The Department of the Science of Creative Intelligence offers the Ph.D. in the Science of Creative Intelligence degree as follows:

- The one-year core curriculum portion of the program meets mornings and afternoons Monday through Friday and on Saturday mornings (4 weeks for each 4-unit course).
- The remaining portion of the doctoral program—dissertation proposal preparation and research—is conducted over a two-to-three-year period.

**Graduation Requirements for the Ph.D. Degree in the Science of Creative Intelligence**

To graduate with a Ph.D. in the Science of Creative Intelligence, students must successfully complete all general requirements for the Ph.D. degree, including FOR 500, the Science of Creative Intelligence or FOR 501, Review of the Science of Creative Intelligence. (Please refer to “Degree Requirements” in “Academic Policies.”) Program requirements are to complete the Core Curriculum and then complete the program with a dissertation in one of the four following areas of emphasis: 1) Vedic Literature, 2) Applications of Maharishi Vedic Science, 3) Modern Science and Maharishi Vedic Science, or 4) Higher States of Consciousness.

**Core Curriculum:**
- SCI 601 Special Topics I
- SCI 602 Special Topics II
- SCI 603 Special Topics III
- SCI 607 Sanskrit II
- SCI 608 Sanskrit III
- SCI 611 Research Methods
- SCI 612 Research Principles, Logic, and Methods I
- SCI 613 Research Principles, Logic, and Methods II
- SCI 618 Scientific Research
- SCI 680 SCI Seminar (1 unit per semester)
- SCI 691 Preparation for Qualifying Examination

A qualifying examination at the completion of the core curriculum (When successfully completed, the student is advanced to Ph.D. candidate status.)

Dissertation proposal (SCI 700) is prepared and submitted for approval (When accepted, the student is advanced to the Ph.D. researcher status.)

Original research and dissertation preparation (SCI 701)

Presentation of a formal lecture on the dissertation topic, and an oral defense of the dissertation

Acceptance of dissertation by the Graduate School and the Library.

Certification by the graduate faculty of the student’s continuing exemplification of the highest standards of holistic development.

**Entrance Requirements for the Certificate in Maharishi Vedic Science: Sanskrit and Reading the Vedic Literature**

To enter this program, an applicant must have a high school diploma, practice the Transcendental Meditation and TM-Sidhi programs, and be in good standing with their local Transcendental Meditation Program Center. If the applicant has not previously taken the Science of Creative Intelligence course (FOR 100 or NLS 100), they will take it as their first course, as it is a prerequisite for the Certificate program.

**Graduation Requirements for the Certificate in Maharishi Vedic Science: Sanskrit and Reading the Vedic Literature**

To obtain the Certificate in Maharishi Vedic Science: Sanskrit and Reading the Vedic Literature, students must successfully complete all general requirements for the certificate. (Please refer to “Degree Requirements” in “Academic Policies.”) In addition, students must complete the following course work:

**for the one-year certificate**
16 units of course work numbered SCI 010–030

**for the two-year certificate:**
36 units of course work numbered SCI 010–030

NOTE: Students in this program take FOR 100 or NLS 500 in their first semester. No other Forest Academies are required. However, students take a World Peace Assembly in each subsequent semester, usually during the Forest Academy Block.

**Certificate for Research in Consciousness**

To graduate with a Certificate in Research in Consciousness a student must successfully complete 24 months (12 units) of Research in Consciousness: The Source of Management (RC 350).

**COURSE DESCRIPTIONS**

**Certificate SCI Courses**

SCI 010 Sanskrit I
SCI 011 Sanskrit II
SCI 012 Sanskrit III

These courses offer a sequential introduction to the pronunciation and reading of classical Sanskrit, the language of the Vedic Literature. Students develop writing, reading, speaking, and listening skills. In addition, they study Maharishi’s explanation of the role of Sanskrit in his Vedic Science, and learn Vedic expressions used by Maharishi to illustrate various themes.
There is also opportunity to examine, through group discussions, presentations, and writing assignments, Maharishi’s predictions of reading Sanskrit for personal evolution. (4 units each—may be repeated)

SCI 013 Vedic Science I
SCI 014 Vedic Science II
SCI 015 Vedic Science III

These courses investigate Maharishi’s explanation of the self-referral structure of pure knowledge as the source of all the Laws of Nature, and the mechanics by which pure knowledge unfolds from its three-in-one structure of self-referral consciousness, expressing itself in the Veda and Vedic Literature. Other topics include the relationship of modern science and Maharishi Vedic Science, and the practical applications of Maharishi Vedic Science. Students read classical Vedic texts to enliven the structure and structuring dynamics of self-referral consciousness. (4 units each—may be repeated)

SCI 016 Veda in Human Physiology I
SCI 017 Veda in Human Physiology II

These courses investigate Dr. Tony Nader’s discovery of the human physiology as the expression of Veda and Vedic Literature. Students examine various branches of Veda and Vedic Literature, and their correspondence to specific areas of physiology, according to Dr. Nader’s research. There is also opportunity to read recommended Vedic texts, to enliven and promote the structuring dynamics of self-referral consciousness, with its transformational mechanics for consciousness and physiology. (4 units each—may be repeated)

SCI 018 Bhagavad-Gita I
SCI 019 Bhagavad-Gita II

These courses study Maharishi’s commentary on the Bhagavad-Gita, which provides a systematic exposition of the development of human consciousness, its relationship to knowledge, and its application to improve the quality of individual and collective life. In addition, students read the Bhagavad-Gita from the original Devanagari text, enlivening the self-interacting dynamics of consciousness to enrich individual consciousness, physiology, and interaction with the environment. (4 units each—may be repeated)

SCI 020 Final Project

In this course students focus on a special presentation to summarize knowledge gained during the entire program. It involves both oral and written components. (4 units)

SCI 025 Reading the Vedic Literature

During this course students read recommended texts of classical Vedic Literature from the original Devanagari script, for the sound value, enjoying benefits in consciousness and physiology. Personal reading experiences are recorded in a journal, and findings are presented in written assignments and oral presentations. (1–2 units—may be repeated)

SCI 030 Seminar in Maharishi Vedic Science

During this course students focus on a special topic of Maharishi Vedic Science, such as Maharishi Vedic Medicine or Maharishi Gandharva Veda. Knowledge is integrated through oral presentations, written assignments, and class discussion. (1–2 units—may be repeated)

Undergraduate SCI Courses

SCI 200 Philosophy of Action

This course investigates how action performed from the level of pure consciousness is purposeful, efficient, and orderly—spontaneously gaining the support of all the Laws of Nature. Topics include the nature and purpose of action, principles of action, action and higher states of consciousness and Maharishi’s philosophy as it is expressed in his commentary on the first six chapters of the Bhagavad-Gita. (4 units)

SCI 201 Vedic Study: The Source, Course, and Goal of Knowledge from the Vedic Rishis to Maharishi Mahesh Yogi

This special videotaped course by Maharishi presents an introduction to Vedic knowledge. The foundation of the course and the one prerequisite of Vedic study is the student’s own personal experience of pure consciousness, the Unified Field of Natural Law, through the practice of the Transcendental Meditation and TM-Sidhi programs. Topics include the aspects of Vedic Literature, the phenomenon of cognition, the eternity of the Veda, an analysis of Agnim (the first word of Rik Veda), and the sequential unfolding of complete knowledge in the Veda. (4 units)

SCI 202 Higher States of Consciousness

This course covers the first precise scientific description of higher states of consciousness that arise naturally and spontaneously through the Transcendental Meditation and TM-Sidhi programs. The course explores each of the higher states of consciousness through subjective descriptions of direct experience and objective scientific research. (4 units)

SCI 204 Creativity

Maximum creativity arises from the deepest level of conscious-
ness, the Unified Field of Natural Law, the source of the creative process in Nature. This course examines the expressions of creativity in different fields of human endeavor—the sciences, the arts, business, and government—as expressions of the infinite dynamics of creativity found in the field of pure consciousness. It considers the ability of Maharishi Vedic Science to naturally unfold the total creative potential of every individual and every society. (4 units)

SCI 206 Collective Consciousness
Students explore the principles and dynamics of collective consciousness and its expression in collective life. They also examine the evidence verifying beneficial changes in society that group practice of the Transcendental Meditation and TM-Sidhi programs produces. (4 units)

SCI 208 Maharishi Vedic Science I
SCI 210 Maharishi Vedic Science II
SCI 212 Maharishi Vedic Science III
These courses investigate Maharishi’s explanation of the self-referral structure of pure knowledge as the source of all the Laws of Nature, the Veda. Topics include the structure of pure knowledge, including its correlation to the principles of modern science, and the mechanics by which pure knowledge unfolds from the three-in-one structure of self-referral consciousness and is reflected in the structure of the Vedic Literature. (4 units each)

SCI 220 Sanskrit
SCI 221 Prerequisite: SCI 221
SCI 222 Prerequisite: SCI 221
These courses offer a sequential introduction to the proper pronunciation and reading of classical Sanskrit—the language of the Vedic Literature. In addition, students study Maharishi’s explanation of the role of Sanskrit, as the language of Nature, in his Vedic Science. After gaining experience in the correct pronunciation and the ability to read Devanagari text, students conduct research in the Vedic Literature by reading entire texts. (4 units each)

SCI 300 Source Documents in SCI I
SCI 301 Source Documents in SCI II Prerequisite: SCI 300
Students examine selected source documents by Maharishi Mahesh Yogi, including The Science of Being and Art of Living, Creating an Ideal Society, and Thirty Years Around the World: Dawn of the Age of Enlightenment. Course topics include the structure and dynamics of the human mind, the self-referral mechanics of creation and the process of evolution, collective consciousness, and the historical foundations of the applied value of the Science of Creative Intelligence. (4 units each)

SCI 304 Applications of Maharishi Vedic Science
In this course, students examine applications of Maharishi Vedic Science to education and rehabilitation, government and defense or business and industry. Then they review research documenting the effectiveness of the technologies of Maharishi Vedic Science in these areas. (4 units)

SCI 307 Practicum in Maharishi Vedic Science
In this course students gain experience presenting the practical application of Maharishi Vedic Science to an area of society that they studied in SCI 304. (4 units) Prerequisite: SCI 304

SCI 308 Scientific Research
As a precise, systematic, and effective method for developing human consciousness, the Transcendental Meditation and TM-Sidhi programs have given rise to a substantial scientific research program. This course reviews contemporary methods of research and provides a thorough survey of this research at both the individual and collective levels. (4 units)

SCI 310 TM Program Lecture Training and Checker Training
During the lecture portion of this course, students learn the four parts of the standard lecture for introducing prospective students to the scientifically validated benefits of regular practice of the Transcendental Meditation technique. During the checker training portion of this course, students are trained in the procedure of how to check the correct practice of the Transcendental Meditation technique. (4–12 units) Prerequisite: consent of instructor

SCI 312 Fieldwork I
During this course students are placed in nonprofit educational institutions authorized to hold courses in the Transcendental Meditation technique. Students help organize such courses, apply their lecture and/or checking skills, and help with expansion projects for these institutions. (4–8 units) Prerequisite: SCI 310 and the consent of the instructor

SCI 313 Fieldwork II
In this course students will learn principles of presenting the Science of Creative Intelligence. First, the students will practice making presentations on campus under the direction of the faculty. Then, they will make presentations in the field and receive further guidance. Both content and delivery will be emphasized. (4 units, may be repeated)

SCI 321 Readings in Vedic Literature I Prerequisite: SCI 223
SCI 322 Readings in Vedic Literature II Prerequisite: SCI 321
SCI 323 Readings in Vedic Literature III Prerequisite: SCI 322
These courses focus on reading classical texts of Vedic Literature for the sound value, enjoying benefits in consciousness and
in physiology. Texts include: the Bhagavad-Gita, Ramayana, and selected Upanishads. (4 units each)

**SCI 330 Transcendental Meditation-Sidhi Course**
Course description in “Special SCI Studies” at end of this section.

**SCI 397 Topics in SCI**
Students explore advanced topics in SCI and Maharishi Vedic Science under the guidance of faculty and eminent Vedic scholars. Topics may include the Maharishi Jyotish program, the Maharishi Vedic Approach to Health program, Vedic Engineering, and the Maharishi Gandharva Veda music. (4 units—may be repeated)

**SCI 400 Senior Project I: Seminar**
During this course, students learn how to write a substantial theoretical paper in Maharishi Vedic Science. The seminar includes instruction and practice in writing theoretical and research reviews, proper documentation, and writing an abstract. (4 units—may be repeated) Prerequisite: completion of required major course work

**SCI 401 Senior Project II: Research**
During this course students complete the research paper started in SCI 400. This paper represents the final integration of their knowledge of the Science of Creative Intelligence. (4 units—may be repeated) Prerequisite: SCI 400

**SCI 408 Professional Development in Maharishi Vedic Technologies**
This course is designed for students who are taking part in professional training programs in Maharishi’s Vedic Technologies, such as *Maharishi Vedic Approach to Health* Technician Training and *Maharishi Jyotish* Teacher Training Course. (Variable units based on one unit of credit for each week of full-time instruction.) Prerequisite: consent of the Department.

**SCI 461 Maharishi Self-Pulse Reading**
This course provides the theory and practical technique for detecting balance and imbalance in the body through the Maharishi Self-Pulse program. Students gain a thorough understanding of how the intelligence within the physiology is reflected in the pulse. The course also describes measures to correct imbalances before disease arises. Students learn not only to detect states of physiological balance and imbalance; they also learn how the Maharishi Self-Pulse program can create a balancing influence in any area of imbalance, spontaneously enhancing physiological integration. (2–4 units)

**SCI 462 Yoga Asanas**
The goal of this course is to enhance physiological balance and mind-body coordination through simple Maharishi Yoga Asanas program postures and breathing exercises. This course gives a comprehensive understanding of the nature and attainment of Yoga, which is the unification of individual and cosmic life. (2–4 units)

**SCI 463 Prevention**
This course offers a holistic, prevention-oriented approach to good health that integrates principles from the 40 areas of Veda and the Vedic Literature to restore and maintain balanced health in mind, body, behavior, and environment. This course includes specific knowledge of daily and seasonal routines, diet, other health-promoting behavior, and the development of higher states of consciousness, all of which bring life into harmony with Natural Law. (2–4 units)

**SCI 464 Diet and Digestion**
This course provides profound principles and practical knowledge of how to promote good health through proper diet, digestion, and nutrition. Topics of this course include factors to consider in dietetics; the physiology of digestion and metabolism; balance and imbalance of digestion and metabolism, and their correction; the influence of mind, senses, emotions, and behavior on digestion; and the relationship of diet and digestion to the development of higher states of consciousness. (2–4 units)

**SCI 465 Precautions**
This course offers a holistic, prevention-oriented approach to good health that integrates principles from the 40 areas of Veda and the Vedic Literature to restore and maintain balanced health in mind, body, behavior, and environment. This course includes specific knowledge of daily and seasonal routines, diet, other health-promoting behavior, and the development of higher states of consciousness. (2–4 units)

**SCI 466 Advanced Topics in SCI**
Students explore advanced topics in SCI and Maharishi Vedic Science under the guidance of faculty and eminent Vedic scholars. Topics may include the Maharishi Jyotish program, the Maharishi Vedic Approach to Health program, Vedic Engineering, and the Maharishi Gandharva Veda music. (4 units—may be repeated)

**SCI 470 Topics in Maharishi Vedic Science**
Course description in “Special SCI Studies” at end of this section.

**SCI 471 TM Program Teacher Training—Part I**
Course description in “Special SCI Studies” at end of this section.

**SCI 472 TM Program Teacher Training—Part II**
Course description in “Special SCI Studies” at end of this section.

**SCI 473 TM Program Governor Training**
Course description in “Special SCI Studies” at end of this section.

**SCI 474 TM Program Research Internship**
Course description in “Special SCI Studies” at end of this section.
**SCI 498 TM Program Minister Training**  
Course description in “Special SCI Studies” at end of this section.

**SCI 499 Directed Study**  
(variable units) Prerequisites: consent of the Department faculty

**Graduate SCI Courses**

*Note: All 3–4 unit graduate courses can be taken in 1.5–2 unit sections, sections A and B. However, both sections A and B must be taken in order for the course to be considered completed.*

**SCI 501 The Unified Field of All Streams of Knowledge I**  
**SCI 502 The Unified Field of All Streams of Knowledge II**  
In these courses students examine the discovery of the Unified Field of All the Laws of Nature, and its implications for all streams of knowledge: physics, mathematics, chemistry, computer science, business, government, education, psychology, literature, music, and art. (3–4 units each)

**SCI 503 SCI and the Philosophy of Science**  
Students investigate the scientific character of the Science of Creative Intelligence. Topics include the standard hypothetico-deductive and Kuhnian models of science, the relationship between theory and evidence in the scientific research programs of the Science of Creative Intelligence and the extent to which theory and research on the Science of Creative Intelligence represents a new paradigm. (3–4 units)

**SCI 505 Maharishi Vedic Science I** (3–4 units)  
**SCI 506 Maharishi Vedic Science II** (3–4 units)  
**SCI 507 Maharishi Vedic Science III** (1.5–4 units)  
These seminars provide an introduction to Maharishi Vedic Science, which gives a systematic description of the self-interacting dynamics of pure consciousness. Topics include Maharishi’s *Apaurusheya Bhashya* of Rik Veda, the Constitution of the Universe, an overview of Veda and the Vedic Literature, and the Sanskrit alphabet and pronunciation. (1.5–4 units each)

**SCI 509 Bhagavad-Gita**  
**SCI 511 Bhagavad-Gita II**  
These courses study Maharishi’s commentary on the Bhagavad-Gita, which provides a systematic exposition of the development of human consciousness, its relationship to knowledge, and its application to improve the quality of individual and collective life. (3–4 units each)

**SCI 513 Maharishi Vedic Approach to Health I**  
**SCI 514 Maharishi Vedic Approach to Health II**  
These courses provide an overview of the principles of Maharishi Vedic Approach to Health: how consciousness gives rise to the human physiology, and how balance can be restored to every aspect of the physiology. (3–4 units each)

**SCI 515 Maharishi’s Vedic Theme of Education**  
This seminar reviews the philosophy and practice of Maharishi Vedic Science’s theme of education emphasizing the connection between the wholeness of knowledge and the experience of the students. (1.5–4 units)

**SCI 517 Research Paper**  
In this course students discuss in depth a particular issue of interest in the light of Maharishi Vedic Science. (3–4 units)

**SCI 519 Teaching Fieldwork**  
This course gives the student the opportunity to integrate knowledge gained in the program by assisting to teach Maharishi Vedic Science in undergraduate courses. (2–4 units)

**SCI 520 Advanced Study in Maharishi Vedic Science**  
This course is designed for students who have completed the Department’s Vedic Science offerings and wish to re-examine themes from these courses in light of more recent findings in the discipline. Possible topics included: Veda and Vedic Literature, the self-referral dynamics of consciousness, and the discovery of Veda and Vedic Literature in the human physiology. Also, recent books and lectures will be used. (4 units—may be repeated) Prerequisite: consent of instructor *NOTE: This course is for students enrolled in the Advanced Concentration in Maharishi Vedic Science.*

**SCI 521 Fundamental Themes of SCI I**  
**SCI 522 Fundamental Themes of SCI II**  
These courses provide an intellectual understanding of the fundamental principles by which the Science of Creative Intelligence contributes to creating an ideal society and life with “all good everywhere and non-good nowhere.” Topics include individual health, societal health, and world peace. (3–4 units each)

**SCI 525 Sanskrit I**  
**SCI 526 Sanskrit II Prerequisite: SCI 525**  
**SCI 527 Sanskrit III Prerequisite: SCI 526**  
These courses introduce the proper pronunciation and reading of classical Sanskrit—the language of the Vedic Literature. Students study Maharishi’s explanation of the role of Sanskrit as the language of Nature in his Vedic Science. (3–4 units each)

**SCI 530 Educational Practicum**  
In this course students expand, apply, and express their knowledge of SCI in various educational and professional settings under the direction of the University faculty. The tasks they perform may include curriculum design, development of course
materials, teaching, research, and professional applications of Maharishi Vedic Science programs. Prerequisite: consent of the Department faculty (1–5 units—may be repeated)

**SCI 534 Readings in Vedic Literature**  
In this course students read classical source documents in Maharishi Vedic Science. Texts include the Bhagavad-Gita, Ramayana, and selected Upanishads. (3–4 units—may be repeated) Prerequisite: SCI 527

**SCI 550 Total Knowledge I**  
**SCI 551 Total Knowledge II**  
These courses explore the nature and application of total knowledge, the unified basis of knowledge that underlies all disciplines. Topics included: the discovery of Veda in the human physiology, Consciousness-Based education, total utilization of the brain, and the fruit of all knowledge. (4 units each)

**SCI 580 Practicum in Maharishi Vedic Technologies**  
Students expand and apply their growing knowledge of Maharishi Vedic Science and the Science of Creative Intelligence by functioning as professional technicians delivering such programs as the Maharishi Vedic Approach to Health preventive health and rejuvenation programs. (1 unit—may be repeated)

**SCI 581 Practicum in Educational Applications of the Science of Creative Intelligence**  
Students expand, express and apply their growing knowledge of the Science of Creative Intelligence by functioning as professional exponents of Consciousness-Based education, the educational system based on the Science of Creative Intelligence. (1 unit—may be repeated)

**SCI 588 Fieldwork**  
This course gives students the opportunity to integrate knowledge gained in the program by making presentations on Maharishi Vedic Science in different areas of society. Areas may include business, education, health, government, defense, rehabilitation, or agriculture. Students present a written report on their project. (3–4 units) Prerequisite: consent of the Department faculty and the Academic Standards Committee

**SCI 591 Writing Skills**  
Students enhance the skills needed to write about the Science of Creative Intelligence and Maharishi Vedic Science on a graduate level. This course is especially helpful for non-native English speaking students. (1 unit—may be repeated)

**SCI 597 Topics in the Science of Creative Intelligence**  
Students explore topics in SCI and Maharishi Vedic Science under the guidance of University faculty and eminent Vedic scholars. Topics may include the Maharishi Jyotish program, the Maharishi Vedic Approach to Health program, Vedic Engineering, and Maharishi Gandharva Veda music. (variable units—may be repeated)

**SCI 599 Directed Study**  
(variable units) Prerequisites: consent of the Department faculty

**SCI 601 Special Topics I**  
**SCI 602 Special Topics II**  
**SCI 603 Special Topics III**  
These courses allow students the opportunity to study a topic within the Science of Creative Intelligence in depth, such as the theme of self-referral in Maharishi Vedic Science or the idea of a subjective science. (4 units each)

**SCI 606 Sanskrit I**  
**SCI 607 Sanskrit II** Prerequisite: SCI 606  
**SCI 608 Sanskrit III** Prerequisite: SCI 607  
These courses offer a sequential introduction to the pronunciation and reading of classical Sanskrit, the language of Veda and the Vedic Literature. After gaining experience of proper pronunciation and ability in reading Sanskrit, students read classical texts of Vedic Literature for the sound value, enjoying the benefits in consciousness and in physiology. (4 units each)

**SCI 611 Research Methods**  
Students survey basic approaches to research such as quantitative, qualitative, historical, clinical, and philosophical methods of analysis. Topics include logical and practical considerations in experimental design and measurement, writing literature reviews, and selecting research topics, as well as research ethics and such non-experimental methods as computer simulation, textual analysis, and survey research. (4 units)

**SCI 612 Research Principles, Logic, and Methods I**  
**SCI 613 Research Principles, Logic, and Methods II**  
These courses introduce the principles and logic of scientific investigation and review the skills necessary for evaluating and undertaking scientific research. Topics include principles and methods of experimental designs and review of non-experimental methods such as textual analysis and case studies. These principles will be understood in practical contexts such as research in consciousness through the Transcendental Meditation and TM-Sidhi programs and the reading of Vedic Literature. (4 units each)
SCI 616 Statistics
This course focuses on the use of statistics in the social sciences, especially as they relate to the growth of consciousness on individual and collective levels. Topics include: descriptive statistics, hypothesis testing and inference, regression techniques, analysis of variance, and non-parametric statistics. (4 units)

SCI 618 Scientific Research on the Technologies of Maharishi Vedic Science
This course will review research on the technologies of Maharishi Vedic Science, including key studies in the five volume series of Collected Papers on the Transcendental Meditation and TM-Sidhi Program as well as more recent studies. The course will focus on the evaluation of the studies in light of research design considerations as well as the development of the ability to describe and answer questions about key studies. (4 units)

SCI 621 Specialized Research Paper
In this course students gain experience in research methods of the Science of Creative Intelligence which are applied to a specific topic. The goal of the course is to prepare a short research paper suitable to submit for publication. (4 units)

SCI 630 Readings in Vedic Literature
In this course students read texts of Vedic Literature for the sound value, enjoying the benefits in consciousness and in physiology. Texts include the Bhagavad-Gita, Ramayana, and selected Upanishads. (4 units—may be repeated)

SCI 680 SCI Seminar
The SCI graduate seminar includes a review of current research topics in the major disciplines and their relationship to the principles of Maharishi Vedic Science. Each session focuses on a particular discipline and its relationship to Maharishi Vedic Science and is led by senior graduate faculty. (Track I students take 1 unit per semester, Track II students take 0.5 units per semester) (0.5–1 unit—repeated each semester)

SCI 682 Advanced Fieldwork
This course gives students the opportunity to integrate research skills and teaching skills by assisting the faculty in teaching a Forest Academy—a two-week period of study of particular themes of SCI and Vedic Science. As an alternate fieldwork project, students may arrange, prepare, and give a series of presentations in at least two applied fields, such as education, government, business, rehabilitation, and the health professions. (2 units—may be repeated)

SCI 691 Preparation for Qualifying Examination
This course provides the time necessary to prepare for the qualifying examination, which demonstrates research competence. It may be in the form of a research proposal, or in another form at the discretion of the program faculty. (2–4 units—may be repeated) Prerequisite: successful completion of the core curriculum

SCI 698 Directed Research
(variable units) Prerequisites: consent of the Department and the Academic Standards Committee

SCI 699 Directed Study
(variable units) Prerequisite: consent of the Department faculty

SCI 700 Preparation of Dissertation Proposal
Having passed to doctoral candidacy, students prepare a proposal for a doctoral dissertation for acceptance by their major professor and dissertation guidance committee. (4 units—may be repeated for credit) Prerequisite: Ph.D. candidate status and consent of the dissertation advisor

SCI 701 Dissertation Research
Students conduct original research and prepare their dissertations during their third and fourth years in the program. (0.5–2.5 units—may be repeated each semester) Prerequisites: approval of the dissertation proposal and consent of the dissertation committee

FOREST ACADEMIES

General University Requirement
All students are required to take a Forest Academy in each semester they are enrolled in at least four blocks of classes.

Undergraduate Requirement
In the first semester, most students take the Science of Creative Intelligence (FOR 100, same as NLS 100) as an introduction to all subsequent course work at the University. This course takes the place of a Forest Academy in that semester. The following spring semester, students take Higher States of Consciousness (FOR 431). Undergraduate students are also required to take Self-Referral Consciousness and the Vedic Literature in Maharishi Vedic Science (FOR 411) in their second year. In all other semesters, students take the Forest Academy of their choice from those being offered at that time.
To graduate with a bachelor’s or associate’s degree a student must successfully complete one Forest Academy for each semester enrolled, including FOR 100 and FOR 431. One of the elective Forest Academies can be waived for students who are enrolled in degree programs of three or more semesters.

For certificate programs, this requirement varies—please consult the certificate program listing in this Bulletin for details.

Graduate Requirement

In the first semester, most students take the course, the Science of Creative Intelligence (FOR 500). This course is an introduction to all subsequent course work at the University. If students have previously taken this course, either at the University or some other facility, they may take a three-week course, Review of the Science of Creative Intelligence (FOR 501) instead of FOR 500.

To graduate with a master’s or doctoral degree, a student must successfully complete one Forest Academy for each semester enrolled, including FOR 500 or FOR 501. One elective Forest Academy may be waived for students who are enrolled in degree programs of three or more semesters.

NOTE: Students in some nonstandard graduate programs may have different Forest Academy requirements. Any deviation from the general requirement are listed with the individual program’s degree requirements.

Course Descriptions

FOR 100 The Science of Creative Intelligence

In recent years there has been a cry for a unified framework for human knowledge. The Science of Creative Intelligence (SCI) is a new science, founded by Maharishi in 1970 to meet this need.

In other sciences, you study the physical, chemical, or biological fields of Nature’s intelligence. In the Science of Creative Intelligence, students study the structure of the field of pure intelligence, from which all fields of knowledge arise. Only from this most fundamental level can knowledge be unified. This course examines how the creative intelligence displayed in every grain of creation arises in a systematic and sequential fashion from within that one basic universal field. Students also examine how one can access and use that universal field of intelligence to bring fulfillment to life and to life on earth.

In 1972, Maharishi laid out the main principles of this new science in a 33-lesson, videotaped course. He integrated the understanding of Nature’s intelligence provided by modern science (through its objective approach) and by ancient Vedic Science (which utilizes both objective and subjective approaches to gaining knowledge).

Like all sciences, the Science of Creative Intelligence has an applied and a theoretical aspect. The applied aspect is the Transcendental Meditation program, which provides all human beings with the ability to directly access the field of pure intelligence in the simplest state of their own awareness. Students not yet been instructed in the Transcendental Meditation program, learn this simple, effortless technique as part of the SCI course.

Through regular practice of the Transcendental Meditation technique, students begin to utilize the unlimited potential of their own creative intelligence. SCI has profound practical applications—in education, health, government, economics, and rehabilitation. Scientific research has demonstrated its ability to solve problems in all areas of individual and collective life—opening the door to an ideal life for humanity. (4–5 units) (same as NLS 100)

FOR 411 Self-Referral Consciousness and the Vedic Literature in Maharishi Vedic Science

This course introduces, through Maharishi’s videotaped lectures and writings, the understanding of how the self-interacting dynamics of consciousness is Veda and the Vedic Literature, the total potential of Natural Law which gives rise to the universe. (2 units)

FOR 430 Topics in the Science of the Creative Intelligence

This course presents the knowledge in the Science of Creative Intelligence, as formulated by its founder, Maharishi Mahesh Yogi, and as applied to all streams of knowledge by the University faculty. (2 units—may be repeated) Consent of the Department faculty

FOR 431 Higher States of Consciousness

This course studies Maharishi precise descriptions of higher states of consciousness that arise naturally and spontaneously in the course of unfolding full human potential through the technologies of Maharishi Vedic Science. (2 units)

FOR 432 The Philosophy of Action

This course investigates the explanation in Maharishi Vedic Science of the role of action in the development of higher states of consciousness and how action performed from the level of pure consciousness spontaneously gains the support of all the Laws of Nature for maximum success. (2 units)

FOR 433 Consciousness and Physiology

This course reviews how consciousness gives rise to different constituents of the physiology, and examines the foundational principles of Maharishi Vedic Science that give rise to Maharishi Vedic Approach to Health and the discovery of Veda and the Vedic Literature in human physiology. (2 units)
FOR 434 The Creative Process: Tracing Human Creativity to the Infinite Creativity of Natural Law
From the standpoint of the Maharishi Science of Creative Intelligence program, creativity expresses the fundamental characteristic of Nature itself—to expand through the process of evolution and find full expression. In this course, students explore the full range of creativity, from the creative dynamics within the pure, self-referral level of consciousness, through self-expression in the arts and other fields, and culminating in Self-expression in unity consciousness. This rich and stimulating course, developed by faculty in the Departments of Fine Arts and Literature, includes beautiful tapes of Maharishi speaking on the creative process and a wide range of other creative activities. (2 units)

FOR 435 The Vedic Literature
This course reviews the mechanics, detailed in Maharishi Vedic Science, by which pure knowledge unfolds from the self-interacting dynamics of consciousness in the impulses of Natural Law reflected in the structure of the Vedic Literature: the Samhita, Brahmana, Vedanga, Upanga, Itihasa, Purana, Smriti, and Upa-Veda. (2 units)

FOR 436 Collective Consciousness
This course explores the principles and dynamics of collective consciousness and introduces the evidence verifying beneficial changes in individual and social life that group practice of the Transcendental Meditation and TM-Sidhi programs produces. (2 units)

FOR 437 Becoming a Leader: Achieving Greater Synergy through Wholeness on the Move
Delving into Maharishi’s knowledge of leadership, students hear leaders interpret their leadership experiences, and leadership consultants speak on the success of Consciousness-Based leadership. Students examine their own experiences of leadership and discover the principles of consciousness at work in those experiences. They also consider how to apply this knowledge of leadership in their future career. (2 units)

FOR 438 Ideal Relationships: Enjoying the Play of Wholeness on the Move
We live our lives in relationships, beginning with our mother, father, and family, expanding to our friends, spouse, and children, our business associates, our fellow citizens, and on to all the people of the world. Handling these relationships with wisdom, appropriateness, and love is central to our good fortune. The Science of Creative Intelligence and Maharishi Vedic Science provide insights into how all relationships have their source in the self-referral dynamics of consciousness, our own Self—and guidelines for ensuring that our relationships are in accord with the natural evolution of life in accord with Natural Law. The course features tapes of Maharishi, guest presentations, group projects, and practical knowledge of etiquette. (2 units)

FOR 439 The Bhagavad-Gita: Appreciating the Textbook of the Age of Enlightenment
In this course students experience the practical and universal nature of knowledge expressed in the Bhagavad-Gita, the central work of the Vedic Literature. During the course students:
• read all 18 chapters aloud,
• hear Vedic pandits recite the Bhagavad-Gita in Sanskrit,
• begin learning the Bhagavad-Gita in Sanskrit, and
• read all the verses of the first six chapters and highlights from Maharishi’s commentary.
Students choose a special theme and trace it through the text, and express understanding of the Bhagavad-Gita through art, music, literature, drama, and games. (2 units)

FOR 440 Introduction to Sanskrit: Learning the Language of Nature
Maharishi has said that learning Sanskrit is absolutely essential for our evolution. Reading the Vedic Literature in Sanskrit, he explains, produces a distinct physiological effect, making brain functioning more orderly. Besides watching and discussing tapes of Maharishi on Sanskrit, students learn to pronounce the Sanskrit alphabet, learn to write and recognize letters in the Devanagari script, recite from the Bhagavad-Gita in Sanskrit, and learn Sanskrit quotations that Maharishi has emphasized over the years. (2 units)

FOR 441 Yogic Flying: Creating Happiness, Health, Enlightenment, and Heaven on Earth
Maharishi has brought to light powerful technologies for developing the unbounded potential of human consciousness and creating an ideal society. By far the most powerful of these is Yogic Flying, which induces maximum coherence in brain functioning, creates an upsurge in coherence throughout the collective consciousness of society, and brings life into harmony with Natural Law. In this course, students focus on the mechanics of Yogic Flying—how it works and how it produces such remarkable effects. In particular, students prepare to give Yogic Flying demonstrations. They prepare short presentations as a group, and in the second week of the course go to another school, college, or university and give a Yogic Flying demonstration. (2 units—may be repeated)

FOR 442 Maharishi Self-Pulse Program
Maharishi has encouraged every individual to learn the Maharishi Self-Pulse program as a technology for structuring
more ideal health for themselves and the entire family. This course is the most comprehensive course offered to date. During the course the following topics are discussed:

• How the intelligence within the physiology is reflected in the pulse
• Feeling the influence of cosmic cycles in the pulse
• Feeling imbalances in the pulse
• The stages of imbalance
• Causes and effects of imbalance
• How the body’s inner intelligence protects against imbalance
• Restoring and maintaining balance through proper diet and through daily and seasonal routine

(2 units)

NOTE: Because this is a Maharishi Vedic University course, there is an additional charge. Some U.S. students may be eligible for additional financial aid to cover the cost. Please see the Financial Aid office for information.

FOR 445 Human Physiology: Expression of Veda and the Vedic Literature

This course studies the historic discovery of Veda and the Vedic Literature in human physiology, brought to light by Dr. Tony Nader under the guidance of Maharishi. Students learn:

• how the intelligence of Nature, as expressed in the Veda and Vedic Literature, forms the basis of the structure and function of the physiology, and
• how human physiology forms a perfect replica of Nature’s intelligence, the Constitution of the Universe.

This knowledge, together with the technologies that arise from it, represents the complete knowledge of perfect health—and the key to perfection in every area of life. (2 units)

NOTE: Because this is a College of Maharishi Vedic Medicine course, there is an additional charge. Some U.S. students may be eligible for additional financial aid to cover the cost. Please see the Financial Aid office for information.

FOR 446 Nobel Laureates

In this course, students hear presentations from a range of faculty on the latest and most exciting discoveries in each of their fields—discoveries that have either won a Nobel Prize or are worthy of one. Students learn more about the discovery process by exploring, with leading University faculty, the cutting edge of knowledge and the people behind it in a variety of disciplines ranging from physics to the visual arts. Students’ own self-referral creative process will be enlivened through multi-media presentations, lively discussions, readings, and creative exercises. (2 units)

FOR 447 Dr. Tony Nader Award: Preparatory Course

The University faculty have established a special award, the Dr. Tony Nader Award, which will go to the graduating senior who: 1) has most profoundly integrated the 40 qualities of the Veda and Vedic Literature with his or her discipline, and 2) submits an undergraduate portfolio of the highest quality. During this course, seniors prepare their portfolios to be submitted for this award. They begin this process with a review of Dr. Nader’s work on the 40 aspects of the Vedic Literature and their correspondences in the human physiology. Based on this review, students write a summary of how these aspects can be connected to their academic discipline. (2 units) Prerequisite: consent of instructor

FOR 448 Enlightened Entertainment

In this course students explore the nature and purpose of entertainment and its relationship to Maharishi Vedic Science. Students take lessons in Maharishi Gandharva Veda music and study Maharishi’s principles of ideal entertainment. As part of the course, workshops are presented by guest entertainers during which students create their own enlightened entertain. (2 units)

FOR 450 Maharishi’s Recent Writings

This course gives students the opportunity to deeply study recent writings from Maharishi under the guidance of University faculty, and to research key themes from these writings in related videotapes and lectures. Possible texts include: Celebrating Perfection in Education, Maharishi’s Absolute Theory of Defense, or Maharishi Vedic University: Introduction.

FOR 465 Maharishi’s Absolute Theory of Government

This course reviews the fundamental principles of government brought to light in Maharishi’s videotaped lectures and writings. A principal focus of the course will be a close reading of Maharishi’s book, Maharishi’s Absolute Theory of Government: Automation in Administration. A major theme is that every government worthy of the name must have the ability to prevent problems; it emphasizes that this goal is achievable for any government by aligning the constitution of the nation with the Constitution of the Universe, Cosmic Intelligence. Cosmic Intelligence, Maharishi explains, is that absolute intelligence of Natural Law at the source of all the Laws of Nature that governs the entire universe with absolute order and precision. Students also examine Maharishi’s analysis of how the nature and functioning of government reflects the quality of the collective consciousness of the nation, and how governmental performance can be improved by creating coherence in national consciousness through Maharishi’s Technologies of Consciousness.

FOR 466 Presenting Consciousness-Based Education

Students are given the opportunity to discuss, write, and speak publicly about the system of education in which they are learn-
ing—Consciousness-Based education. Topics include: historical precursors in the writings of great educators, scientific research, issues of educational reform, and approaches that Maharishi has used to describe it. At the conclusion of the course, students apply their public speaking skills in planning and giving a public lecture on Consciousness-Based education at a local college or high school.

FOR 500 The Science of Creative Intelligence
This is the foundation of our Consciousness-Based education program. The Science of Creative Intelligence (SCI) has two aspects: (1) the systematic study of the field of pure intelligence, the Unified Field of Natural Law, and the principles by which it governs the coexistence and evolution of all systems in Nature, and (2) the direct experience of this field through the Transcendental Meditation and TM-Sidhi programs. This videotaped 33-lesson course includes discussion of the nature and range of creative intelligence, the qualities it displays, its principles, its expression in the life of the individual, and its application in the life of society to uplift human civilization to its highest level. (4 units)

FOR 501 Review of the Science of Creative Intelligence
In this course graduate students review the 33-lesson course listed above, FOR 500. Students work with the content of these lessons through speaking and writing exercises. (3 units) Prerequisite: having previously taken the Science of Creative Intelligence course (Note: This course is not a prerequisite to TM Teacher Training, SCI 490.) Prerequisite: consent of the Academic Standards Committee

FOR 598 Faculty Development Seminar for Graduate Students
This course is to prepare doctoral candidates to be competent college teachers and writers in their professions. Topics include lecturing skills, making instructional charts, designing learning activities, writing for general and professional readers, and evaluating one’s own and others’ teaching and writing. During the course students design and teach lessons, analyze examples of writing, write a short research paper or article, and understand their field of study in the context of interdisciplinary studies through their teaching and writing. (2 units) Prerequisite: consent of instructor

FOR 700 Vedic Science Research: Using Maharishi Vedic Science to Illustrate Fundamental Principles in Dissertations
This course provides an opportunity for Ph.D. students to investigate the relation of Maharishi Vedic Science to their dissertations. What students produce in the course forms the seeds for sections in their final dissertations. During this course, students create a Unified Field Chart and a Richo Akshare line for their dissertation, refine their ability to write about Maharishi Vedic Science, and enjoy a lively interchange with fellow Ph.D. students from all departments in the University. (2 units—may be repeated) Prerequisite: Students must be in a doctoral program and have completed their Qualifying Exam

RESEARCH IN CONSCIOUSNESS

Introduction
At Maharishi University of Management, we specialize in academic excellence, consciousness, creativity, and high quality of life. We cultivate all these values simultaneously through our group practice of the Transcendental Meditation and TM-Sidhi programs, including Yogic Flying.

These programs are a regular part of the academic schedule for all students. Students receive academic credit for their twice-daily group practice of these programs in the Research in Consciousness (RC) courses listed below. All students are automatically registered for their RC course when they register for each instructional course.

To participate in these courses, students follow the instructions they have received from their Transcendental Meditation instructor and the TM-Sidhi Program Administrators, who have been trained by Maharishi. In addition to these instructions, the University faculty have organized a structure for grading these courses. Grading for RC courses is based on two things:
1) attendance at group program and
2) participation in a tutorial class each block.

A special Research in Consciousness grade point average (RC GPA) is listed on the transcript which includes just these courses.

General University Requirement
For graduation with a degree or a certificate from Maharishi University of Management,
for students practicing
the Transcendental Meditation technique
2 units of RC courses are required for each semester
for students practicing
the TM and TM-Sidhi programs
4 units of RC courses are required for each semester

Also, a cumulative RC GPA of 2.0 (“C”) or higher is required for graduation. Undergraduate students are automatically enrolled in RC 320 or RC 332 for each block they are enrolled at the University. Graduate students are automatically enrolled in RC 520 or RC 535 for each block they are enrolled at the University.

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All RC classes meet twice a day, morning and afternoon, for the group practice of the Transcendental Meditation and TM-Sidhi programs.

NOTE: Students in the M.A. in SCI with an Emphasis in Research in Consciousness program who are enrolled in RC 545 have special graduation requirements and special grading for Research in Consciousness. These requirements are given under the degree listing of this program.

NOTE: Students in the Certificate in Research in Consciousness are enrolled in RC 350 rather than the courses noted above. The certificate is granted after completion of 12 units of RC 350 have been successfully completed (one month equals 0.5 units).

Undergraduate Course Descriptions

RC 320 Collective Practice of the Transcendental Meditation Program
All undergraduate students who practice the Transcendental Meditation technique but have not completed the TM-Sidhi course are automatically enrolled in this course every block they are enrolled at the University. Attendance is required for the group practice component of this course as well as a tutorial meeting each block. (0.5 units per block—up to 2.5 units per semester)

RC 332 Collective Research in Consciousness
All undergraduate students who have completed the Transcendental Meditation-Sidhi course are automatically enrolled in this course every block they are enrolled at the University. Attendance is required for the group practice component of this course as well as a tutorial meeting each block (1 unit per block—up to 5 units per semester)

RC 350 Research in Consciousness: The Source of Management
All students taking the Certificate program in Research in Consciousness enroll in this course for each month they participate in the program. This course is for both undergraduate and graduate students. (0.5 units per month)

Graduate Course Descriptions

RC 520 Collective Practice of the Transcendental Meditation Program
All graduate students who practice the Transcendental Meditation technique but have not completed the TM-Sidhi course are automatically enrolled in this course every block they are enrolled at the University. Attendance is required for the group practice component of this course as well as a tutorial meeting each block. (0.5 units per block—up to 2.5 units per semester)

RC 535 Collective Research in Consciousness
All graduate students who have completed the Maharishi Transcendental Meditation-Sidhi course are automatically enrolled in this course every block they are enrolled at the University. Attendance is required for the group practice component of this course as well as a tutorial meeting each block. (1 unit per block—up to 5 units per semester)

RC 545 Advanced Collective Research in Consciousness
Graduate students who are participating in the “Creating Coherence Program” are enrolled in this course rather than RC 535. This course has the same basic structure as RC 535 but more time is spent on this research each day. No tutorial meeting is required. Grading is based on attendance. (1.0 unit per block—up to 5 units per semester)

SPECIAL SCI STUDIES COURSES

NOTE: Some of the following courses are taught under the auspices of Maharishi Vedic Education Development Corporation (MVED).

SCI 330 Transcendental Meditation-Sidhi Course
Full-time students are eligible to apply for the TM-Sidhi course as an elective. (There is an additional fee for this course. Consult the Student Accounts Office for current fee schedules.) (2 units) Prerequisites: satisfactory academic and personal performance while at the University, a record of good mental and physical health, completion of the TM-Sidhi course application, and acceptance by the TM-Sidhi program directors

SCI 480 Topics in Maharishi Vedic Science
This course presents knowledge of the Science of Creative Intelligence, formulated by its founder, Maharishi Mahesh Yogi, applied to all streams of knowledge by the University faculty and guest lecturers. The principles of this integrated structure of knowledge are shown to have application for every area of society, as documented by the scientific research on the Transcendental Meditation and TM-Sidhi programs. (variable units—may be repeated)

SCI 490 TM Program Teacher Training–Part I
This first part of the Transcendental Meditation Program Teacher Training Course provides the knowledge and experience of consciousness as the basis of life and prepares one to present this knowledge to others. (variable units) Prerequisites: FOR 100 or FOR 500 and other prerequisites as established by MVED
SCI 491 TM Program Teacher Training–Part II
This course completes the Transcendental Meditation Program Teacher Training Course. It also provides an opportunity for personal development through deeper personal experience of the Unified Field of Natural Law and understanding of the Science of Creative Intelligence. Participation in the course does not automatically qualify a student to graduate as a teacher of the Transcendental Meditation program. Further training and fieldwork may be needed before graduation as a teacher. (variable units) Prerequisites: SCI 490 and other prerequisites as established by MVED

SCI 492 TM Program Fieldwork Internship
This course allows students to learn and perfect the ability to expound the knowledge for developing consciousness as the Unified Field of Natural Law in the individual and in society. (2–8 units) Prerequisites: SCI 490 and consent of the Department faculty and the Academic Standards Committee

SCI 493 TM Program Teaching Internship
In this course students, who have qualified as teachers of the Transcendental Meditation technique and the Science of Creative Intelligence program, work full-time for at least one year teaching these programs. During this time students must teach the technique to a minimum of 100 people to receive credit. Two units of credit are given for each month students are engaged in this internship. (24 units) Prerequisite: SCI 491

SCI 495 TM Program Governor Training
This course is a rigorous and systematic investigation into the nature of human consciousness, both in its pure form, as the Unified Field of Natural Law, and in its expressed values as the specific Laws of Nature structuring the activity of the mind, body, and environment. This investigation makes use of (1) a laboratory component of direct personal experience of the Unified Field of Natural Law, (2) a theoretical analysis of laboratory experience, and (3) a historical analysis of that experience by comparing the nature and development of consciousness with ancient records. (up to 24 units—may be repeated) Prerequisites: SCI 491 and other prerequisites as established by MVED

SCI 497 TM Program Research Internship
This course provides the opportunity for extended research in consciousness as a field of all possibilities as well as practical application of Maharishi Vedic Science. Four units of credit are given for each month students are engaged in this internship. (4–24 units) Prerequisite: acceptance by MVED

SCI 498 TM Program Minister Training
This course offers an advanced level of experience and understanding of the science and technology of consciousness. It emphasizes the study and experience of the group dynamics of consciousness. Students are trained in how to fulfill their own desires in a natural way while at the same time spontaneously fulfilling the interests of the whole society. (up to 24 units) Prerequisites: SCI 495 and other prerequisites established by MVED