Maharishi University
OF MANAGEMENT

Welcome to Consciousness-Based Education

www.mum.edu
Experience that storehouse of infinite creativity, which is the nature of your Self. “

Maharishi Mahesh Yogi, University founder
Bachelor’s degrees:
- Art
- Business
- Computer Science
- Creative and Professional Writing
- Individualized Major
- Literature
- Maharishi Vedic Science
- Mathematics
- Media and Communications
- Physiology and Health
- Pre-Med Program—Physiology and Health
- Sustainable Living

Master’s degrees:
- MA in Maharishi Vedic Science
- MBA in Sustainable Business
- MBA in Accounting
- MBA in SAP Finance
- MFA in Screenwriting (online only)
- MS in Computer Science
- MS in Maharishi AyurVeda and Integrative Medicine (online only)
* Some programs are also available online

Doctoral degrees:
- Management
- Maharishi Vedic Science
- Physiology—Special Research Program

Degree programs
Accredited by the Higher Learning Commission
With Consciousness-Based education you study traditional subjects while also experiencing inner growth and developing your creativity. Your awareness expands, improving your ability to absorb knowledge and see the big picture.

Connecting the knowledge

You discover the underlying reality in yourself and connect the knowledge in a meaningful way to your own life. Through this approach, you naturally become more capable of creating positive change in yourself and the world.

“The highest education is that which does not merely give us information but makes our life in harmony with all existence.”
— Rabindranath Tagore, Indian poet, 1861-1941
All of our students and faculty practice the Transcendental Meditation (TM) technique—brought to the West by Maharishi Mahesh Yogi—to support their inner growth.

Extensive published research has found that this technique boosts learning ability and creativity, improves brain functioning, and reduces stress.

**What is the TM technique?**

It’s an effortless technique for recharging your mind and body — and creating a brighter, more positive state of mind. TM is practiced 20 minutes twice each day while sitting comfortably with the eyes closed. It’s not a religion, philosophy, or lifestyle. More than six million people worldwide have learned the TM technique—people of all ages, cultures, and religions.

**What happens when you meditate?**

The TM technique allows your active mind to easily settle inward, through quieter levels of thought, until you experience the most silent and peaceful level of your own awareness — pure consciousness.
At MUM you’re fully immersed in only one month-long course at a time. No more juggling multiple courses at once.

<table>
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<th>Other colleges:</th>
<th>MUM:</th>
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<td>You divide your attention between 4–5 subjects at once.</td>
<td>You easily go deeper into the subject, and collaborate more with fellow students.</td>
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<td>You have the stress of juggling homework and exams for multiple classes.</td>
<td>You have homework and exams in only one subject each month.</td>
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<td>Coursework is always hanging over your head—all semester long.</td>
<td>You enjoy a 3–day weekend between each course with no classes or homework.</td>
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Only one course per month
Learn more with much less stress
You can now experience an MUM education from the comfort of your own home, with three Master’s degree programs and a wide selection of non-credit courses.

MA in Maharishi Vedic Science
Explore the full range of human consciousness and human potential, both theory and practice, and apply this knowledge to enrich your life. Study the Bhagavad-Gita, self-pulse reading, and more.

MS in Maharishi AyurVeda and Integrative Medicine
Discover AyurVeda, India’s ancient prevention-oriented system of natural medicine. You’ll study mind-body types, traditional pulse reading, and diet and lifestyle changes for optimal health. Most graduates will be certified as Maharishi AyurVeda Practitioners.

MBA in Sustainable Business
Study marketing, accounting, operations, and other business functions in light of sustainable business.

Our popular non-credit courses include:
- Brain and Consciousness
- Physics, Cosmology and Consciousness
- Biodynamic Agriculture
- Essence of Buddhism
- Ayurvedic Cooking

Online programs
Consciousness at a distance
Sustainability begins within ourselves — that’s why we emphasize both inner and outer sustainability. MUM was the first US university to offer a Sustainable Living degree, and it transformed our campus culture.

Our campus community is deeply committed to practices that are environmentally friendly and safe — renewable energy, organic agriculture, food composting, and much more.

Sustainable Living Center
Using a combination of wind, solar, and geothermal energy, this building actually creates more energy than it uses. Our center has been called “the ultimate green building” by the Associated Press.
MU students learn simple, effective methods to promote a balanced state of health. These methods enliven the inner intelligence of the body and strengthen its natural healing ability.

- **Self-pulse assessment** to measure and promote balance
- **Yoga asanas** (simple yoga postures) for flexibility and mind-body integration
- **Pranayama** (simple breathing technique) to enliven your mind and body
- **Personalized fitness program** for energy and vitality
- **Diet and digestion guidelines** to nourish your physiology

The National Institutes of Health (NIH) have awarded MUM more than $25 million in natural medicine research grants.
UM is the first U.S. college to serve an organic, vegetarian, freshly-prepared menu—one reason our students are healthier when they graduate than when they enroll.

Our dining hall offers a wide variety of vegetarian items, from pizza to Chinese stir-fry, from Mexican to Indian and more. We bake our own breads and pastries using organic flour. We use locally grown produce whenever possible.

Why organic?
Healthier for the individual — Organic fruits and vegetables are free of pesticides and herbicides used in conventional agriculture.

Healthier for the environment — The chemicals used in conventional agriculture end up in our water supply. Organic farming methods, on the other hand, focus on building the richness of the soil through natural means.

Organic vegetarian meals
Served fresh daily
MUM is a contrast to the stress and negativity typical on many campuses. Our students come from many places, cultures, and backgrounds—over 75 different countries in total. Yet they share a commitment to personal growth, healthy lifestyle, and positive values.

**Student activities** — you can join student clubs and organizations, and attend concerts, dances, movie nights, and cultural celebrations.

**Sports and recreation** — we have a recreation center, walking/biking trails, tennis courts, swimming pool, dance groups, adventure trips, and more.

**Enjoy your own space** — our residence halls offer a single room for each student along with common areas for socializing and activities.

MUM life

*People smile more for a reason*
Fairfield is a fun, lively community dedicated to sustainability, health, and doing good things for the world. It’s become Iowa’s center for the arts and entrepreneurship.

**Sustainability**
- Community-wide strategic plan to incorporate sustainable practices, a joint effort of the city and University
- Organic farms and weekly downtown farmer’s markets

**Creative arts and culture**
- Lively theater and music scene
- Performing arts center and art galleries
- Wide range of international restaurants

**Entrepreneurial center**
- Named Entrepreneurial Community of the Year by the State of Iowa
- Dozens of start-up companies—including many by MUM alumni
- More than $200 million in venture capital invested locally
- 5th highest charitable contributions per capita of any U.S. county
Over 1,000 of America’s most innovative companies and organizations are hiring our graduates, including:

- Mayo Clinic
- Netflix
- Microsoft
- Amazon
- Nielsen
- Deloitte & Touche
- Peace Corps
- HP
- Google
- The World Bank
- Genetic-ID
More than 90% of the MUM’s US students receive extensive financial aid, and many U.S. students are able to enroll even if they have little or no resources.

U.S. undergraduate students
Eligible U.S. undergraduate students who are dependents often receive federal grants and loans and University need-based scholarships covering 85-100% of the tuition, fees, housing and meals. Undergraduate U.S. students who are independent (24 years or older) are often eligible for aid covering 100% of the tuition, fees, housing and meals.

U.S. graduate students
Most U.S. graduate students receive federal loans and University need-based scholarships covering 100% of the tuition, fees, housing and meals.

International students
International students may apply for need-based scholarship support from the University.

See our financial aid calculator at www.mum.edu/tuition for a quick estimate of your award.
Are you considering enrolling at MUM? If so, we invite you—and your family—to come on one of our monthly Visitors Weekends.

You’ll get to:

• meet students and faculty
• observe classes
• tour campus
• attend social events
• …and more

We provide lodging and organic vegetarian meals. Travel reimbursements of up to $350 are available for U.S. prospective students with financial need.
• Accreditation: The Higher Learning Commission —ncahlc.org
• Enrollment: 1,777 full-time students, including 879 on the Fairfield campus and 920 doing field internships.
• Student-faculty ratio: 8 to 1
• Non-sectarian: MUM has students from every major religion, and honors and respects the traditions of all cultures and religions.
• Non-profit status: MUM is a federally recognized 501(c)3 nonprofit educational institution.
• Financial aid: More than 90% of the University’s students receive extensive financial aid. The award for eligible U.S. students typically covers 85–100% of the tuition and fees.
• Diverse student body: MUM has students from over 75 countries.
• Research funding: The National Institutes of Health (NIH) have awarded MUM more than $25 million in natural medicine research grants.
Maharishi University of Management
Degree programs in the arts, sciences, business, and humanities
WWW.MUM.EDU

We look forward to helping you with the admissions and financial aid process. MUM welcomes transfers and students of all ages.

Learn more and apply online: www.mum.edu/admissions

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