
DEPARTMENT OF MAHARISHI VEDIC SCIENCE

FACULTY

- Fred Travis, Ph.D., Chair, Maharishi Vedic Science, Dean of the Graduate School, Professor of Maharishi Vedic Science
- Thomas Egenes, Ph.D., Associate Professor of Maharishi Vedic Science and Sanskrit
- Sue Brown, Ph.D., Assistant Professor of Maharishi Vedic Science
- Patricia Oates, Ph.D., Assistant Professor of Maharishi Vedic Science
- Evan Finkelstein, Ph.D., Assistant Professor of Maharishi Vedic Science
- Isabelle Matzkin, M.A., Assistant Professor of Music and Maharishi Vedic Science
- Samuel Boothby, Ed.D., Adjunct Associate Professor of Maharishi Vedic Science and Education
- Vernon Katz, Ph.D., Adjunct Professor of Maharishi Vedic Science and Philosophy
- Tina McQuiston, Ph.D., Adjunct Assistant Professor of Maharishi Vedic Science
- Bill Sands, Ph.D., Adjunct Assistant Professor of Maharishi Vedic Science
- David Pohlman, Ph.D., Adjunct Assistant Professor of Maharishi Vedic Science
- Elinor Wolfe, M.A., Adjunct Instructor of Maharishi Vedic Science
- Binay Krishna Baral, M.A., Artist-in-Residence, Instructor of Flute

INTRODUCTION

The Department of Maharishi Vedic Science provides the systematic knowledge and experience of pure consciousness, *Atma*, the Self of every individual. This unmanifest self-referral field of pure intelligence at the basis of the thinking process is the source of all thought and action. As explained in the Veda and Vedic Literature and confirmed by modern physics, it is the non-changing field of order and intelligence at the basis of the universe — the Unified Field of Natural Law. Maharishi Vedic Science explains how this underlying unity unfolds into the diversity of life, and offers practical technologies for reconnecting each individual to the source of order and harmony within. The study of Maharishi Vedic Science develops the full potential of the knower and lays the foundation for complete knowledge of any discipline, while it fosters evolution to higher states of consciousness and progressive and fulfilling action in life. The Department of Maharishi Vedic Science meets its responsibilities in three ways:

- 1) Through the Department of Maharishi Vedic Science, it offers doctoral, master's, and bachelor's degrees and certificates in the Maharishi Vedic Science program and an undergraduate minor in Maharishi Vedic Science.
- 2) Through the Department for the Development of Consciousness, it offers instruction in the Transcendental Meditation and TM-Sidhi programs, and special Maharishi Vedic Science studies program.
- 3) The Department also directly oversees the following courses and programs:
 - The First Year program taken by most bachelor's degree students.
 - The Forest Academy program courses taken by all students each semester, focusing deeply on Maharishi Vedic Science.
 - The Development of Consciousness courses, which include the Transcendental Meditation and TM-Sidhi programs, including Yogic Flying, and which all students are required to take.

Maharishi Vedic Science

Maharishi Vedic Science is the systematic study, experience, and development of the full range of life, both individual and cosmic. Its principles and technologies are based on the direct experience and understanding of the most vital element in creation — the unbounded field of consciousness that is the inner intelligence at the basis of every individual and the entire universe.

Maharishi Vedic Science provides the practices that allow each student to experience directly the infinite and timeless value of their own Self, unbounded pure consciousness, the simplest form of human awareness. These practices include the Transcendental Meditation and TM-Sidhi programs, including Yogic Flying. The experience of the limitless field of pure consciousness, or pure intelligence, being the core of one's own Self changes one's life positively and dramatically.

Maharishi Vedic Science also provides complete knowledge and experience of the sequential evolution of the Veda and Vedic Literature, all the Laws of Nature. It clarifies how these abstract impulses of pure consciousness evolve into their concrete expressions in the human physiology and the cosmic physiology, the universe. Because the Veda and Vedic Literature are the Laws of Nature that govern both human and cosmic life, they are what Maharishi refers to as the blueprint of creation.

Raja Raam, Professor Tony Nader, M.D., Ph.D., under Maharishi's guidance, has discovered that human physiology and cosmic physiology are the exact replica of the structures and functions expressed by the Veda and Vedic Literature. Maharishi Vedic

Science makes use of this discovery to unfold the full creative genius, the total cosmic potential, of each student.

Two other Vedic technologies used in our programs for developing the full potential of every student are listening to the Veda and Vedic Literature and reading the Vedic Literature in Sanskrit. Maharishi explains that these technologies align the student's intelligence with the natural flow of Nature's intelligence.

In time, because of the student's developing consciousness, the creativity, energy, and intelligence governing the universe become accessible to and usable by the student.

Students effortlessly grow in their natural ability to think and behave from that unbounded level of pure consciousness; they grow in intelligence, creativity, and power, but equally in compassion, kindness, and moral character.

The immense practical value and benefits of being able to live life from its infinite potential are indescribable, literally anything becomes possible, even the creation of ideal societies and permanent world peace.

PROGRAMS OFFERED

The Department of Maharishi Vedic Science offers the following programs:

- B.A. in Maharishi Vedic Science
- B.A. in Maharishi Vedic Science for students who are already teachers of the Transcendental Meditation program
- Minor in Maharishi Vedic Science
- M.A. in Maharishi Vedic Science — A 10-month program when taken in the standard class schedule (meeting six days per week, 4 weeks per 4-credit course) or a 3-year program when taken on the nonstandard schedule — meeting several times a week, 12 weeks per 4-credit course. Both programs require ten courses, 38 credits in the standard program and 31 credits in the nonstandard program.

With additional course work students can add a concentration to the above master's degrees in one of the following areas:

- 1) Concentration in Maharishi Vedic Technologies
- 2) Concentration in Educational Applications of Maharishi Vedic Science
- 3) Concentration in Advanced Maharishi Vedic Science
- 4) Concentration in Maharishi Consciousness-Based Health Care
- 5) Concentration in Reading the Vedic Literature

6) Concentration in Development of Consciousness

- M.A. in Maharishi Vedic Science with an Emphasis in Development of Consciousness — A three-year degree program that includes nine 3-credit courses taken along with three years of the Creating Coherence Program. Each class is 12 weeks long, meeting Saturdays. This is a terminal degree and does not prepare students for the doctoral program.
- Ph.D. in Maharishi Vedic Science — A four-to-six-year program if the core curriculum is taken in the standard class schedule (meeting 6 days per week). This is a seven-plus year program if the core curriculum is taken in a nonstandard format.

SPECIAL FEATURES

- Focus on an ideal daily routine with emphasis on experiencing the Unified Field of Natural Law in twice daily practice of the Transcendental Meditation and TM-Sidhi programs.
- Extensive exposure to and work with over 30 years of taped lectures by Maharishi on the Science of Creative Intelligence and Vedic Science.
- Study of the full range of all aspects of the Vedic Literature in light of descriptions by Maharishi and Raja Raam, including Veda, Vedanga, Upanga, Upaveda, Itihasa, Purana, Smriti, Brahmana, and Pratishakhya.
- Experience with pronunciation of and the ability to read the Sanskrit language, which Maharishi has described as the language of Nature.
- Exploration of the scientific character of Maharishi's knowledge, including the basic research methods of modern science and its objective verification of Maharishi Vedic Science.
- Investigation of the principal theoretical research tools of Maharishi Vedic Science and the Science of Creative Intelligence including Unified Field and Richo Akshare Charts.
- Knowledge recently brought to light by Maharishi, including the Maharishi Master Management program and the discovery of Veda and Vedic Literature in human physiology.
- Development of communication skills in Maharishi Science of Creative Intelligence and Maharishi Vedic Science with emphasis on writing and speaking skills.

The Bachelor of Arts Degree

- Coverage of all the major themes of the Maharishi Vedic Science program including higher states of consciousness, collective consciousness, and Sanskrit and reading the Vedic Literature.
- Study of source documents in Maharishi Vedic Science with emphasis on the *Bhagavad Gita*, *Absolute Theory of Defense*, *Vedic Knowledge for Everyone*, and *Celebrating Perfection in Education*.
- Development of writing and speaking skills as students apply Maharishi Vedic Science to the areas of health, education, management, and rehabilitation.
- A one-month integrative writing exercise unifying the various themes of the student's academic experience at Maharishi University of Management.

The Master of Arts Degree

This program gives knowledge and experience of the student's own cosmic nature through Maharishi Vedic Science and its technologies for the development of consciousness. It is offered in two formats: a 10-month 6-day-a-week format and a 3-year evening-and-weekend format. The themes of knowledge include self-referral, the mechanics of creation, Maharishi's *Apaurusheya Bhashya* of Rik Veda, the Veda and Vedic Literature, and Veda in human physiology.

Following the course work, students can take one year of additional courses in specified areas of Maharishi Vedic Science.

In addition, students learn to apply a number of technologies of Maharishi Vedic Science to culture higher states of consciousness and balanced, full health. The 10-month program includes:

- Systematic study of Maharishi's books and tapes
- Systematic study of the Veda and Vedic literature and its relation with the structure and functioning of the brain
- Periods of extended TM[®] and TM-Sidhi practice in each course
- Reading Vedic Literature in the original Devanagari script
- Listening to Vedic recitation each day
- Having a daily routine to promote deep experiences during the Transcendental Meditation and TM-Sidhi programs, including Yogic Flying.

The Ph.D. Degree

This program is for those individuals who wish to become professional exponents of Maharishi Vedic Science. You will develop your writing and speaking skills, gain a fuller grasp of principles of Maharishi Vedic Science, and develop a specialization in Maharishi Vedic Science, either (1) Vedic Literature, (2) Applications of Maharishi Vedic Science, (3) Modern Science and Maharishi Vedic Science, or (4) Higher States of Consciousness.

DEPARTMENT FOR THE DEVELOPMENT OF CONSCIOUSNESS

Development of Consciousness (DC) Courses

Regular practice of the Maharishi Transcendental Meditation and TM-Sidhi programs, including Yogic Flying, represents ongoing laboratory work in Maharishi Vedic Science and fulfills a primary goal of the University — development of consciousness, on both individual and collective levels. All students take part in these technologies twice daily. Specific grading policies for these courses are provided by the student Transcendental Meditation program office and the Registrar. (These courses are described more fully at the end of this section.)

Special *Maharishi Vedic Science* Studies Program

This program allows students to earn credit through course work taken here in Fairfield and in other parts of the world. The purpose of this program is to recognize the academic accomplishments of students who complete the unique courses in Maharishi Vedic Science, described in “Special M.V.S. Studies Courses” under “Course Descriptions” for the Department of Maharishi Vedic Science. Non-degree-seeking students who later decide to seek a degree may apply courses successfully completed under the Special *Maharishi Vedic Science* Studies program toward degree requirements, with the approval of the student’s academic advisor. For details about the policies and application procedures for these courses, please contact the Registrar’s Office.

Instruction in the *Transcendental Meditation* Technique and the *TM-Sidhi* Program

The Department offers instruction in the practice of the Transcendental Meditation technique (offered separately or as part of the Science and Technology of Consciousness courses STC 108/109 and the Science of Creative Intelligence course FOR 500) and the TM-Sidhi program (DC 329 and DC 330), available for additional cost beyond the regular tuition charges.

DEPARTMENTAL REQUIREMENTS

Entrance Requirements for the Bachelor of Arts Degree in Maharishi Vedic Science

Before entering the major in Maharishi Vedic Science, students must complete MVS 102 (waived for graduates of Maharishi School), MVS 202, PH 101, and WTG 191.

Graduation Requirements for the Bachelor of Arts Degree in Maharishi Vedic Science

To graduate with a B.A. in Maharishi Vedic Science, students must successfully complete all general requirements for the bachelor's degree. (Please refer to "Degree Requirements" in "Academic Policies.") The requirements for the major are 56 credits of course work as listed below.

40 credits of required courses:

- MVS 208 Fundamentals of Maharishi Vedic Science (4 credits)
- MVS 210 Veda and Vedic Literature in Maharishi Vedic Science (4 credits)
- MVS 225 Maharishi Vedic Science and Religion (4 credits)
- MVS 240 EEG, Brain and Enlightenment (4 credits)
- MVS 300 *Science of Being* (4 credits)
- MVS 302 Bhagavad-Gita: *Chapters 1-3* (4 credits)
- MVS 303 *Bhagavad Gita: Chapters 4-6* (4 credits)
- MVS 308 Individual Benefits from the *Transcendental Meditation* Program (4 credits)
- MVS 309 Fundamentals of World Peace (4 credits)
- MVS 391 Senior Capstone Writing and Speaking Project (4 credits)

plus at least 16 credits from one of the following options

OPTION 1 — Reading Vedic Literature

- MVS 321 Reading the Vedic Literature 1
- MVS 322 Reading the Vedic Literature 2
- MVS 323 Reading the Vedic Literature 3
- MVS 324 Reading the Vedic Literature 4
- MVS 342 Health Benefits of Maharishi Gandharva Veda
- PH 260 Self-Pulse Diagnosis
- PH 262 Diet, Digestion, and Nutrition
- PH 263 Maharishi Yoga Asanas
- BIO 260 Biology I: Living Systems

OPTION 2 — *TM* Program Teacher Training*

- MVS 490 *Transcendental Meditation* Program Teacher Training

- MVS 491 *Transcendental Meditation* Program Teacher Training — Part 2
- MVS 492 *Transcendental Meditation* Program Teacher Training Program Fieldwork Internship

OPTION 3 — *TM* Program Research Internship*

- MVS 497 *Transcendental Meditation* Program Research Internship (24 credits)

*Choosing Option 2 or 3 does not guarantee that students will be admitted into MVS 490, MVS 491, MVS 492, or MVS 497. Students who are not accepted into these courses are encouraged to take one of the other options, especially Option 1 — Reading Vedic Literature. The credits awarded for MVS 490 and MVS 491 are variable.

NOTE: MVS 490, MVS 491, and MVS 492 are generally taken after all other course work for the bachelor's degree has been completed.

Entrance Requirements for the Bachelor of Arts Degree in Maharishi Vedic Science for Teachers of the *Transcendental Meditation* Technique

The B.A. in Maharishi Vedic Science for Teachers of the *Transcendental Meditation* Technique has been designed for those teachers of the *Transcendental Meditation* technique who have extended experience as professionals in the *Transcendental Meditation* program prior to enrolling in the B.A. in Maharishi Vedic Science major. To enter this program, students must be eligible for 24 credits for either Teaching Internship (MVS 493) or Research Internship (MVS 497).

Graduation Requirements for the Bachelor of Arts Degree in Maharishi Vedic Science for Teachers of the *Transcendental Meditation* Technique

To graduate with a B.A. in Maharishi Vedic Science for Teachers of the *Transcendental Meditation* Technique, students must successfully complete all requirements for the bachelor's degree. (Please refer to "Degree Requirements" in "Academic Policies.") The requirements for the major are 56 credits of course work as follows:

24 credits from the following:

- MVS 493 *Transcendental Meditation* Program Teacher Training Program Teaching Internship
- MVS 497 *Transcendental Meditation* Program Research Internship

plus up to 32 credits from the following:

- MVS 490 *Transcendental Meditation* Program Teacher Training
- MVS 495 *Transcendental Meditation* Program Governor Training
- MVS 498 *Transcendental Meditation* Program Minister Training
- MVS 308 Individual Benefits from the *Transcendental Meditation* Program
- MVS 309 Fundamentals of World Peace

- MVS 391 Senior Capstone Writing and Speaking Project
- MVS 208 Fundamentals of Maharishi Vedic Science
- MVS 210 Veda and Vedic Literature in Maharishi Vedic Science
- MVS 225 Maharishi Vedic Science and Religion (4 credits)
- MVS 240 EEG, Brain and Enlightenment
- MVS 300 *Science of Being*
- MVS 302 *Bhagavad Gita; Chapters 1-3*
- MVS 303 *Bhagavad Gita: Chapters 4-6*

Requirements for the Minor in Development of Consciousness

To graduate with a minor in Development of Consciousness, students must successfully complete 20 credits of Forest Academy and Development of Consciousness course credit.

Requirements for the Minor in Maharishi Vedic Science

To graduate with a minor in Maharishi Vedic Science, students must successfully complete any five (20 credits) courses in Maharishi Vedic Science numbered higher than MVS 192.

Requirements for the Specialization in Teaching the *Transcendental Meditation* Program

The Specialization in Teaching the *Transcendental Meditation* Program can be added to an undergraduate or graduate student's degree. Undergraduates need to complete 24 credits, graduate students 8 credits, from the following courses:

- MVS 490 *Transcendental Meditation* Program Teacher Training
- MVS 492 *Transcendental Meditation* Program Teacher Training Program Fieldwork Internship

MASTER OF ARTS DEGREE IN MAHARISHI VEDIC SCIENCE

Entrance Requirements

For entrance into the M.A. in Maharishi Vedic Science program, students must hold 1) a bachelor's degree or 2) a B.A. equivalency including significant professional standing in Maharishi Vedic Science substantiated by an entrance exam. Students entering the standard 10-month program who are not yet practicing the Transcendental Meditation program will receive instruction in the Transcendental Meditation technique as part of their first course. It is recommended that all students in this M.A. program also practice

the TM-Sidhi program. Those students who have not yet learned the TM-Sidhi program may be able to learn these techniques after they have enrolled.

Students entering in the nonstandard 3-year program must be practicing both the Transcendental Meditation and TM-Sidhi programs.

NOTE: For students whose first language is not English, a TOEFL score of 600 is required for entrance into this program.

Graduation Requirements for the Master of Arts Degree in Maharishi Vedic Science

In order to qualify for the degree of M.A. in Maharishi Vedic Science, students must successfully complete all requirements for the master's degree, including FOR 500, the Science of Creative Intelligence, and two more credits of Forest Academies. Students are encouraged to take the fall and spring weekend World Peace Assemblies. (Please refer to "Degree Requirements" in "Academic Policies.") In addition, students must complete 36 credits of course work as follows:

- MVS 461 *Maharishi Self-Pulse* Reading (4 credits)
- MVS 504 Physiology, Consciousness, and the Veda (4 credits)
- MVS 509 Bhagavad-Gita Gita (4 credits) or MVS 516 *Science of Being* (4 credits)
- MVS 585 Capstone — *Celebrating Perfection in Education* (4 credits)
- MVS 525 and 526 Sanskrit (4 credits)
- MVS 540 Principles of Maharishi Vedic Science (2–4 credits)
- MVS 544 Physics of Invincibility (2 credits)
- MVS 552 Developing Brahman Consciousness (4 credits)
- MVS 553 *Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World* (4 credits)
- MVS 554 Maharishi Vedic Science and Judaism, Christianity, and Islam
- MVS 555 Absolute Theory of Government (4 credits)

NOTE: In the event that a student has completed some of these courses as part of previous undergraduate and/or graduate degrees, the student may petition the Department to take one of the two reading and rounding courses below during those terms.

- MVS 480 Topics in Maharishi Vedic Science (4 credits/block)
- MVS 534 Readings in Vedic Literature (4 credits/block)

Graduation Requirements for the Master of Arts Degree in Maharishi Vedic Science for Teachers of the Transcendental Meditation technique

Students who are qualified as teachers of the Transcendental Meditation technique and have worked full-time teaching the TM program can earn their M.A. by taking any 4 graduate courses, plus the Capstone course, MVS 585. Requirements for the degree in Maharishi Vedic Science FOR 500 The Science of Creative Intelligence, and 36 other credits that can be completed by the following course work:

- MVS 585 Capstone — *Celebrating Perfection in Education* (4 credits)
- MVS 492 TM Program Teaching Internship (up to 16 credits)

And the remaining credits to complete the program can be chosen from the following:

Any four courses from the following:

- MVS 461 *Maharishi Self-Pulse Reading* (4 credits)
- MVS 504 Physiology, Consciousness, and the Veda (4 credits)
- MVS 509 Bhagavad-Gita (4 credits) or MVS 516 *Science of Being* (4 credits)
- MVS 525 and 526 Sanskrit (4 credits)
- MVS 540 Principles of Maharishi Vedic Science (4 credits)
- MVS 544 Physics of Invincibility (2 credits)
- MVS 552 Developing Brahman Consciousness (4 credits)
- MVS 553 *Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World* (4 credits)
- MVS 554 Maharishi Vedic Science and Judaism, Christianity, and Islam (4 credits)
- MVS 555 Absolute Theory of Government (4 credits)
- MVS 497 TM Program Research Internship (variable credits up to a maximum of 24 credits)

Graduation Requirements for the Extended Professional Schedule (Nonstandard) of M.A. in Maharishi Vedic Science

Students who currently practice the TM-Sidhi program and whose extended plan of study allows them to complete at least 30 credits of DC 535 may elect to earn a terminal version of the M.A. in MVS by completing the required and elective courses listed above, plus MVS 517 Research Paper, and by demonstrating the ability to read Sanskrit in Devanagari script.

To graduate, a student needs 9 courses (36 credits) plus the research paper for a total of 40 credits. Students who wish to be eligible for application for admission to the Ph.D. in Maharishi Vedic Science must also take MVS 548 Academic Writing (1 credit) to accompany each of the courses of their degree.

Students who are qualified as teachers of the Transcendental Meditation technique and have worked full-time teaching the TM program can earn their MA by taking any 4 graduate courses, plus the Research Paper, MVS 517.

Graduation Requirements for the nonstandard M.A. degree—36 credits from the following courses, plus MVS 517:

- MVS 525 and 526 Sanskrit (4 credits or more as necessary to read Devanagari script)
- MVS 461 *Maharishi Self-Pulse* Reading (4 credits)
- MVS 504 Physiology, Consciousness, and the Veda (4 credits)
- MVS 509 Bhagavad Gita (4 credits)
- MVS 544 Physics of Invincibility (4 credits)
- MVS 552 Developing Brahman Consciousness (4 credits)
- MVS 540 Principles of Maharishi Vedic Science (4 credits)
- MVS 553 *Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World* (4 credits)
- MVS 554 Maharishi Vedic Science and Judaism, Christianity, and Islam (4 credits)
- MVS 555 Absolute Theory of Government (4 credits)
- MVS 585 *Celebrating Perfection in Education* (variable credits)
- MVS 517 Research Paper (4 credits)

MASTER'S DEGREE CONCENTRATIONS

Students in the M.A. in Maharishi Vedic Science listed above may add a concentration to their degree by completing additional course work in one of the following areas:

Academic Concentrations — Students complete 30–40 credits of additional course work.

The three Academic Concentrations are:

- **Concentration in Advanced Maharishi Vedic Science**

30–40 credits of course work in classes that were not taken for the M.A. in SCI, or have been significantly reformulated with new books and materials since they were taken, or MVS 520 Advanced Studies in Maharishi Vedic Science

- **Concentration in Physiology and Health**

30–40 credits of graduate courses in Physiology and Health

- **Concentration in Reading the Vedic Literature**

30–40 credits of course work selected from the following:

- MVS 525 Sanskrit and Maharishi Vedic Science
- MVS 526 Sanskrit
- MVS 527 Advanced Sanskrit
- MVS 534 Readings in Vedic Literature

Practicum Concentrations

Students expand, apply, and express their growing knowledge of the Science of Creative Intelligence and Maharishi Vedic Science in professional settings. The Practicum Concentrations may be taken concurrently with the nonstandard schedule of study, or they may be taken after some or all of the M.A. course work in the standard schedule has been completed.

- **Concentration in Maharishi Vedic Technologies**

30-40 credits of:

- MVS 580 Practicum in Maharishi Vedic Technologies

- **Concentration in Educational Applications of Maharishi Vedic Science**

30-40 credits of:

- MVS 581 Practicum in *Consciousness-Based* Education

- **Development of Consciousness Concentration**

Students complete 3 years of extended practice of the Maharishi Transcendental Meditation and TM-Sidhi programs.

27 credits of:

- DC 535 The TM and TM-Sidhi program, including Yogic Flying: Applying the Organizing Power or Nature for Success in Daily Life

- Concentration in TM Teacher Training

24 credits of course work from attending a training course to become a teacher of the TM technique

Graduation Requirements for the Master of Arts Degree in Maharishi Vedic Science with an Emphasis in Development of Consciousness

This three-year program combines extended development of consciousness, practice of the TM and TM-Sidhi program, with classes meeting on a nonstandard schedule (12 weeks per 4-credit course). This is a terminal degree. It does not fulfill the prerequisites for entering the doctoral program in Maharishi Vedic Science.

In order to qualify for the degree of M.A. in Maharishi Vedic Science with an emphasis in Development of Consciousness, students must successfully complete all general requirements for the master's degree, including FOR 500, the Science of Creative

Intelligence, and MVS 525 or 526 Sanskrit . (Please refer to “Degree Requirements” in “Academic Policies.”). In addition, students must complete 9 courses (36 credits) plus the research paper for a total of 40 credits along with 27 credits of Development of Consciousness:

36 credits of the following required courses:

- MVS 461 *Maharishi Self-Pulse Reading* (4 credits)
- MVS 504 Physiology, Consciousness, and the Veda (4 credits)
- MVS 509 Bhagavad Gita (4 credits) or MVS 516 *Science of Being* (4 credits)
- MVS 585 *Celebrating Perfection in Education* (4 credits)
- MVS 540 Principles of Maharishi Vedic Science (4 credits)
- MVS 544 Physics of Invincibility (4 credits)
- MVS 552 Developing Brahman Consciousness (4 credits)
- MVS 553 *Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World* (4 credits)
- MVS 554 Maharishi Vedic Science and Judaism, Christianity, and Islam (4 credits)
- MVS 555 Absolute Theory of Government (4credits)
- MVS 517 Research Paper (4 credits)

plus 27 credits of

- DC 535 The TM and TM-Sidhi program, including Yogic Flying: Applying the Organizing Power or Nature for Success in Daily Life

PH.D. IN MAHARISHI VEDIC SCIENCE

Entrance Requirements for the Ph.D. Degree in Maharishi Vedic Science

The Ph.D. in Maharishi Vedic Science is the highest academic and professional degree in the discipline devoted to the study of the holistic development of consciousness. The Department will, therefore, evaluate students not only for their demonstrated ability to undertake doctoral level academic work in the field, but also for the prospective student’s demonstrated ability to serve as an example of the highest standards of holistic development.

Students entering the program must be practicing the TM-Sidhi program for at least one year, hold a Master of Arts degree in Maharishi Vedic Science (please refer to listing above for requirements), have at least one additional year of formal study of Maharishi Vedic Science, or experience in professions involving implementation of Maharishi Vedic Science, and have demonstrated the ability to undertake doctoral level work. For

acceptance into the program, a student's complete academic record and personal recommendations are also considered.

This program is for those individuals who wish to accelerate growth to enlightenment and become professional exponents of Maharishi Vedic Science. You will deepen your experiences of higher states of consciousness, gain a fuller grasp of principles of Maharishi Vedic Science, and refine your presentation and teaching skills. You may choose from four tracks: (1) Reading Vedic Literature in Sanskrit, (2) Applications of Maharishi Vedic Science to Society, (3) Modern Science and Maharishi Vedic Science, and (4) Research in Higher States of Consciousness.

Graduation Requirements for the Ph.D. Degree in Maharishi Vedic Science

The Core Curriculum consists of 58 credits selected by the faculty from the following courses:

YEAR 1

- MVS 670 Advanced Analysis and Synthesis of Total Knowledge. (8 credits)
- MVS 671 Maharishi's Insight into the Veda and Vedic Literature: Fabrics of Immortality. (8 credits)
- MVS 672 Mastering Veda and Vedic Literature in the Human Physiology. (4 credits)
- MVS 673 Original Research in EEG, Brain and Enlightenment. (6 credits)
- MVS 674 Peace-Creating Professionals: Applying Maharishi Vedic Science to Society. (8 credits)
- MVS 680 Maharishi Vedic Science Seminar (1 credit per semester)
- MVS 691 Preparation for the Written Qualifying Examination: Synthesizing and Expressing Total Knowledge (4 credits)

Upon successful completion of this core curriculum, you will be advanced to candidate status. During the next semester all students will complete their oral comprehensives and write their dissertation proposal.

YEAR 2

- MVS 693 Faculty Development Seminar and Oral Qualifying Exam (4 credits)
- MVS 695 Faculty Development Seminar (4 credits)
- MVS 700 Dissertation proposal: The Scientific Character of Research in Consciousness and Reading the Vedic Literature (12 credits)

Upon successful completion of these courses, which culminates with the written proposal, you will advance to the Ph.D. researcher status and then enroll in:

MVS 701 Original Research and Dissertation Preparation.

The Ph.D. degree will be awarded to a Ph.D. researcher once the following steps have been completed:

- Presentation of the dissertation findings in a formal lecture with an open public forum for discussion
- Acceptance of dissertation by the Graduate School and the Library
- Certification by the graduate faculty of the student's continuing exemplification of the highest standards of holistic development.

COURSES

Undergraduate Courses

MVS 100 *The Transcendental Meditation Program: Developing the Total Potential of the Human Brain*

All students begin their studies at Maharishi University of Management by learning the Transcendental Meditation technique, a simple, natural, effortless procedure to develop full human potential and culture experiences of higher states of human consciousness. This course will cover the nature of the practice of the Transcendental Meditation technique, scientific research, and its applications in individual life and society. Personal instruction in the Transcendental Meditation technique will be included in this course. The laboratory component of this course will include twice-daily group practice of the Transcendental Meditation technique.

MVS 102 Sanskrit: Learning the Sounds of Nature

“Consciousness is the most basic element in creation; therefore the study of consciousness and research in consciousness, which is offered by the traditional Vedic Literature, gives the student the ability to do anything and achieve anything with the support of the evolutionary power of Natural Law.” — Maharishi

Reading the Vedic Literature in Sanskrit is a new technology of Maharishi Vedic Science to speed the development of higher states of consciousness. In this course students learn to read the Vedic Literature in Sanskrit and discover how this practice actually strengthens brain functioning. Students also learn the basic principles of Maharishi Vedic Science, including the recent discovery of how human physiology forms a perfect replica of Natural Law, as embodied in the 40 aspects of the Veda and Vedic Literature. This historic discovery reveals that the natural laws governing the universe are the same laws governing our physiology — meaning that each of us has access, within our own physiology, to the total potential of Natural Law. This in turn gives us the potential to know anything, do anything, and accomplish anything. (4 credits) (Note: Students with a background in Maharishi Vedic Science and reading Sanskrit in Devanagari take MVS 192.)

200-Level Courses and Above

MVS 202 Higher States of Consciousness: Realizing Your Full Human Potential in the Growth of Enlightenment to its Pinnacle in Unity Consciousness

This course covers the description of higher states of consciousness that arise naturally and spontaneously through the Transcendental Meditation and TM-Sidhi programs. The course explores each of the higher states of consciousness through subjective descriptions of direct experience and objective scientific research. (4 credits)

MVS 208 Fundamentals of Maharishi Vedic Science: Atma and Veda — the Self-Referral Dynamics of Consciousness Underlying the Individual and the Universe

This course systematically investigates Maharishi's explanation of the self-referral dynamics and structure of pure consciousness, as being the ultimate source and content of all the Laws of Nature that are responsible for the creation and orderly functioning of both individual and universal life. Topics include the analysis and synthesis of the Nature and range of *Atma*, the universal Self of every individual; how the fluctuations of *Atma* appear as the structure and qualities of the four Vedas in terms of their qualities and sequential unfolding; how the structures and functions of the Vedas correspond to the human physiology and the cosmic physiology of the cosmos; the reading of the Vedic Literature in Sanskrit; and exploring the correlation between the cosmic creative process as expressed in the Vedas with theories of the structure and functioning of the unified field Superstring theory of modern quantum physics. (This course is a prerequisite for MVS 210)

MVS 210 The Vedic Literature in Maharishi Vedic Science: Sequential Expression of Total Natural Law, the Constitution of the Universe

This course explores the 36 branches of the Vedic Literature that are contained within and yet have sequentially unfolded from the Rik, Sama, Yajur and Atharva Vedas; for example, the 6 “Limbs of the Veda” called the Vedangas: Shiksha, Kalp, Vyakaran, Nirukt Chhand and Jyotish, which express the Vedic knowledge of the specific engineering mechanics of creation; the 6 “Subordinate Limbs of the Veda” called the Upangas and also known as the 6 systems of Indian philosophy: Nyaya, Vaisheshik, Sankhya, Yoga, Karma Mimansa and Vedanta, which explore how to systematically and completely understand and experience the full range of any object of inquiry; all the 36 branches of the Vedic Literature are examined in relation to their specific qualities and contributions to the Totality of knowledge and the infinite organizing power called the Constitution of the Universe—the totality of Natural Law that governs the universe with perfect order. The structure and functions of the Vedic Literature are also explored in terms of their corresponding expressions as the various aspects of the individual human physiology and the cosmic physiology of the universe. (4 credits) *Prerequisite:* MVS 208

MVS 225 Maharishi Vedic Science and Judaism, Christianity, and Islam

Students will explore universal principles of life expressed by Maharishi Vedic Science and the religions of Judaism, Christianity, and Islam. The course will provide students the opportunity to study the following topics: The existence and nature of God; the main purpose of human life; the ultimate cause of all problems and suffering; turning within: the technology of transcending; the development of higher states of consciousness; and the creation of heaven on earth. (4 credits) *Prerequisite:* WTG 191

MVS 226 Maharishi Vedic Science and Buddhism, Taoism, Confucianism

Students explore universal principles of life expressed by Maharishi Vedic Science and the religions of Buddhism, Taoism, and Confucianism. The course gives students the opportunity to study the following topics: The existence and nature of God, the main purpose of human life, the ultimate cause of all problems and suffering, turning within and the technology of transcending, developing higher states of consciousness; and the creation of heaven on earth. (4 credits) *Prerequisite:* WTG 191

MVS 235 Music Appreciation: Appreciating Music as the Art of Giving Audible Life to the Harmonious Structure of Natural Law

This course investigates the nature of music through the study of western classical masterpieces, music theory, piano lessons, and Maharishi Gandharva Veda — the classical music of North India originating from the ancient Vedic civilization. Students explore the mechanics of transformation of consciousness into audible sound, and the fulfillment of music's supreme quest to establish harmony within the musician and in the environment. (4 credits) (Distribution Area: Fine Arts or Humanities)

MVS 236: Music, Consciousness, and Veda

Students will participate in the Invincible America Assembly program while on the course, allowing the opportunity to become deeply rested and refreshed. In the afternoon, you will take the Music, Consciousness, and Veda course. Evenings will include listening to special recitations of the Vedic Literature for *Navaratri* and experience meetings. Open to women only. Special fee: Since this course is in-residence at Maharishi Vedic City, there is a fee of \$845. (2 credits) *Prerequisite:* instruction in the TM-Sidhi program

MVS 240 EEG, Brain, and Enlightenment: Brain Functioning Underlies Conscious Processing, States of Consciousness, and Enlightenment

Brain functioning underlies conscious processing, states of consciousness, and enlightenment. You will learn how to record EEG (brain waves) and other physiological measures (breath rate, heart rate, and skin conductance), will learn the brain signatures of the practice of the Transcendental Meditation technique and of higher states of

consciousness, and will conduct original research testing a research question that you generate during the course. (4 credits)

MVS 300 *Science of Being and Art of Living: Maharishi's Guide to Life in Enlightenment*

Science of Being and Art of Living was Maharishi's first book, published in 1963. In this course, both through reading and through studying Maharishi's video tapes, students investigate the main themes of the book — Being, the essential constituent of creation; how to contact and how to live Being; how to live one's full potential, in thought, speech, action, and relationships; and God realization. (4 credits)

MVS 301 *Source Documents in Maharishi Vedic Science: The Unfoldment of Pure Knowledge in Maharishi's Writings*

Students examine selected source documents by Maharishi, including *Creating an Ideal Society*, and *Thirty Years Around the World: Dawn of the Age of Enlightenment*. Course topics include the structure and dynamics of the human mind, the self-referral mechanics of creation and the process of evolution, collective consciousness, and the historical foundations of the applied value of Maharishi Vedic Science. (variable credits)

MVS 302 *Bhagavad-Gita — Chapters 1–3: The Principles of Dharma, the Eternal Nature of Life, and Effortlessness of Transcending as the Basis of Right Action*

MVS 303 *Bhagavad-Gita — Chapters 4–6: The Roles of Action and Silence, Knowledge and Experience, in Rising to Higher States of Consciousness*

These courses study Maharishi's translation and commentary on the Bhagavad-Gita, a work that sequentially unfolds profound principles of human behavior. The Bhagavad-Gita, as a textbook for Maharishi Vedic Science, contains the essence of the detailed knowledge of consciousness contained in the Vedic Literature. Course topics include the scope, structure, and dynamics of human behavior; the seven states of consciousness; collective consciousness; and the solution to the fundamental dilemma at the basis of human suffering. (variable credits)

MVS 304 *Applications of Maharishi Vedic Science: Creating a Stress-Free, Harmonious, Prosperous, and Enlightened Society*

In this course, students examine applications of Maharishi Vedic Science to education and rehabilitation, government and defense, or business and industry. Then they review research documenting the effectiveness of the technologies of Maharishi Vedic Science in these areas. (variable credits)

MVS 307 Practicum in Maharishi Vedic Science: Individual Project in Creating Heaven on Earth

In this course students gain experience presenting the practical application of Maharishi Vedic Science to an area of society that they studied in MVS 304. (4 credits)

Prerequisite: MVS 304

MVS 308 Research Design and Outcomes on the *Transcendental Meditation* Program: Verifying a Paradigm Shift in Human Potential

As a precise, systematic, and effective method for developing human consciousness, the Transcendental Meditation and TM-Sidhi programs have given rise to a substantial scientific research program. This course reviews contemporary methods of research — including issues from the philosophy of science — as it applies to the research on the Transcendental Meditation program — and develops the ability to evaluate and explain specific studies on developing mental potential, improving health, and creating effective and rewarding social behavior. (4 credits)

MVS 309 Fundamentals of World Peace: Creating Coherence in Collective Consciousness as the Basis for World Peace

Students explore various methods of creating peace, with special emphasis on the documented effectiveness of these methods, and understanding the underlying scientific explanations accounting for this effectiveness, particularly in the physics of invincibility. Students study the sociological concept of collective consciousness, and the course emphasizes in-depth examination of Maharishi Vedic technologies — particularly group practice of the TM-Sidhi program — and its ability to create coherence in collective consciousness as the basis for creating peace. (4 credits)

MVS 312 Field Experience: Applying the Principles You Have Learned to Improve Quality of Life in Society

During this course students will work on campus or in nonprofit educational institutions authorized to hold courses in the Transcendental Meditation technique. Students will help organize courses, apply their lecture and/or checking skills, and help with expansion projects for these institutions. (variable credits — may be repeated) *Prerequisite:* Consent of the instructor

MVS 314 Academic Mentorship: Participating with Faculty in Packaging Maharishi Vedic Science for Application in Society

In this course students will work closely with senior faculty on selected special projects, such as the development of books and other curricular materials on Maharishi Vedic Science. (variable credits) *Prerequisite:* Consent of instructor

MVS 321 Reading the Vedic Literature 1: Cultivating Total Brain Functioning for Higher States of Consciousness *Prerequisite: MVS 102*

MVS 322 Reading the Vedic Literature 2: Aligning Individual Behavior with the Perfect Sequential Unfoldment of Cosmic Law *Prerequisite: MVS 102*

MVS 323 Reading the Vedic Literature 3: Enlivening the Essential Nature of the Physiology as Veda and Vedic Literature *Prerequisite: MVS 102*

MVS 324 Reading the Vedic Literature 4: The Secret Path to Perfection in Life

During these courses you will read the classical texts of Vedic Literature in the Devanagari script. The texts are read for the sound value, enjoying benefits in consciousness and in physiology. You will begin each series of this course with a major division of the Vedic Literature. (4 credits) *Prerequisites: MVS 222 or the ability to read Devanagari script; permission of the instructor*

MVS 331 Transcendental Meditation-SidhiSM Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 332 Transcendental Meditation-Sidhi Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 342 Health Benefits of Maharishi Gandharva Veda

Exploratory research indicates that the effects of listening to Maharishi Gandharva Veda music include an increase in brain wave coherence, more integrated behavior, and a tendency of mental activity to settle down and experience finer states of awareness. Students become familiar with this research and perform related studies of their own. Includes instruction in bamboo flute, tabla, sitar, or voice, according to availability. (4 credits) *Prerequisite: MVS 340*

MVS 390 Senior Integration Project: Unifying the Diverse Themes of Maharishi Vedic Science in Your Holistic Awareness

In this course, students complete a comprehensive exam on the core content of the Maharishi Vedic Science major. Following completion of the exam, students learn how to write a substantial theoretical paper in Maharishi Vedic Science. The seminar includes instruction and practice in writing theoretical and research reviews, proper documentation, and writing an abstract. (4 credits — may be repeated) *Prerequisite: completion of required major course work*

MVS 397 Advanced Topics in Maharishi Vedic Science: Exploring the Branches of Maharishi Vedic Science and Their Practical Technologies

Students explore advanced topics in Maharishi Vedic Science under the guidance of faculty and eminent Vedic scholars. Topics may include seminars on selected research themes, selected branches of the Vedic Literature, and Maharishi Technologies and the research on their applications. (4 credits — may be repeated) *Prerequisite:* consent of instructor

MVS 399 Directed Study

(variable credits) *Prerequisite:* consent of the department faculty

MVS 408 Professional Development in Maharishi Vedic Technologies: Learning and Applying the Technologies of Maharishi Vedic Science in Society

This course is designed for students who are taking part in professional training programs in Maharishi Vedic Technologies. (variable credits based on one credit for each week of full-time instruction.) *Prerequisite:* consent of the Department

MVS 475 Senior Capstone Seminar

In this two-week seminar, senior students from all majors reflect on their undergraduate education, in an interdisciplinary setting. This gives students an opportunity to integrate all aspects of their experience at Maharishi University of Management, including course work, extra-curricular activities, and personal development, and to articulate ways in which experience and understanding of Maharishi Vedic Science have deepened their knowledge. Growth in areas described by the university's General Education goals is also assessed during this course. *Prerequisite:* last semester before graduation

MVS 480 Topics in Maharishi Vedic Science

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 485 Rotating University Abroad

There are many opportunities to study Maharishi Vedic Science abroad. In this course students will travel to a country that may play a special role in Maharishi's worldwide Transcendental Meditation program Movement, such as India, South Africa, or Switzerland, and study Maharishi Vedic Science in that context. The course may include taped lectures of Maharishi, study of Sanskrit, and excursions to relevant locales. In some cases, the focus shifts to study of the deep cultural traditions of a country such as China and how these traditions parallel Maharishi Vedic Science (4 credits). *Prerequisite:* Consent of Department

MVS 490 Transcendental Meditation Program Teacher Training

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 491 *Transcendental Meditation Program Teacher Training — Part 2*

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 492 *Transcendental Meditation Program Teacher Training Program Fieldwork Internship*

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 493 *Transcendental Meditation Program Teacher Training Program Teaching Internship*

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 495 *Transcendental Meditation Program Governor Training*

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 497 *Transcendental Meditation Program Research Internship*

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 498 *Transcendental Meditation Program Minister Training*

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 499 *Directed Study*

(variable credits) *Prerequisite:* consent of the Department faculty

Graduate Maharishi Vedic Science Courses

NOTE: All 3–4 credit graduate courses can be taken in 1.5–2 credit sections, sections A and B. However, both sections A and B must be taken in order for the course to be considered completed.

MVS 461 *Maharishi Self-Pulse Reading: Assessing the Body’s Inner Intelligence through the Touch of Three Fingers on the Pulse*

This course provides the theory and practical technique for detecting balance and imbalance in the body through the Maharishi Self-Pulse program. Students gain a thorough understanding of how the intelligence within the physiology is reflected in the pulse. The course also describes measures to correct imbalances before disease arises. Students not only learn to detect states of physiological balance and imbalance; they also learn how the Maharishi Self-Pulse program can create a balancing influence in any area of imbalance, spontaneously enhancing physiological integration. (variable credits)

Prerequisite: acceptance to the MA in MVS

MVS 504 Physiology, Consciousness, and the Veda: Awakening Your Total Brain Potential

Learn how your brain is designed to be a perfect reflector of total Natural Law. See how consciousness structures the physiology and how the innumerable connections among our ten billion brain cells enable us to live higher states of consciousness. Measure your own growth of consciousness. (2–4 credits)

MVS 509 Bhagavad-Gita Chapters 1–3: The Principles of Dharma, the Eternal Nature of Life, and Effortlessness of Transcending as the Basis of Right Action

MVS 511 Bhagavad-Gita Chapters 4–6: The Roles of Silence and Action, Knowledge and Experience, in Rising to Higher States of Consciousness

These courses study Maharishi’s commentary on the Bhagavad-Gita, which provides a systematic exposition of the development of human consciousness, its relationship to knowledge, and its application to improve the quality of individual and collective life. (variable credits)

MVS 512 Fundamentals of Maharishi Vedic Science

In this course students learn basic principles of Maharishi Vedic Science, such as higher states of consciousness, levels of mind, 40 aspects of the Vedic Literature, Maharishi’s *Apaurusheya Bhashya*, and Maharishi Sthapatya Veda design. In addition, students learn the Sanskrit alphabet and practice reading the Bhagavad-Gita in the original Devanagari script. Students also learn numerous Vedic expressions from the Vedic Literature. (4–6 credits)

MVS 515 Enlightened Education

During this course students dive deeply into understanding and experiencing the nature of knowledge itself, in its pure form within self-referral consciousness and its emergence in diverse expressions and applications. The text for the course, *Celebrating Perfection in Education*, unfolds Maharishi’s vision of Total Knowledge and connects profound Vedic themes of consciousness and creativity with the fundamentals of education. This course is an ideal opportunity for students to reflect on their own educational development in all its phases — both inner and outer. (2–4 credits)

MVS 516: *Science of Being and Art of Living*: Maharishi’s Guide to Life in Enlightenment.

Science of Being and Art of Living was Maharishi’s first book, published in 1963. In this course, both through reading and through studying Maharishi’s video tapes, students investigate the main themes of the book — Being, the essential constituent of creation; how to contact and how to live Being; how to live one’s full potential, in thought, speech, action, and relationships; and God realization. (2-4 credits)

MVS 517 Research Paper

In this course students research in depth a particular aspect of Maharishi Vedic Science. Students have the option of presenting their findings in a PowerPoint lecture or in a research paper. A faculty member in the Maharishi Vedic Science department supervises the research. (2-4 credits; may be repeated for credit)

MVS 520 Advanced Study in Maharishi Vedic Science: Analyzing the Fabric of Immortality

This course is designed for students who have completed the Department's Vedic Science offerings and wish to reexamine themes from these courses in light of more recent findings in the discipline. Possible *Topics include* — Veda and Vedic Literature, the self-referral dynamics of consciousness, and the discovery of Veda and Vedic Literature in the human physiology. Also, recent books and lectures will be used. (variable credits — may be repeated) NOTE: This course is for students enrolled in the Advanced Concentration in Maharishi Vedic Science. *Prerequisite:* consent of instructor

MVS 525 Sanskrit and Maharishi Vedic Science: Learning the Language of Nature and Understanding Principles of Natural Law

MVS 526 Sanskrit: Learning to Read the Vedic Literature to Enliven the Language of Nature Within (*Prerequisite:* MVS 525)

MVS 527 Advanced Sanskrit: Letting Your Awareness Flow in the Sequence of Vedic Sounds, the Language of Nature (*Prerequisite:* MVS 526)

These courses introduce the proper pronunciation and reading of classical Sanskrit — the language of the Vedic Literature. Students study Maharishi's explanation of the role of Sanskrit as the language of Nature in his Vedic Science. (variable credits, may be repeated)

MVS 530 Readings in Vedic Literature: Accelerate Growth to Enlightenment

In this course students read texts of Vedic Literature for the sound value, enjoying the benefits in consciousness and in physiology. Texts include the Bhagavad-Gita, Ramayana, and selected Upanishads. (variable credits, may be repeated)

MVS 531 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 532 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 534 Readings in Vedic Literature

In this course, students will read the Vedic Literature in the original Devanagari script. They will keep a journal of their experiences while reading and during the day. This course includes the option for extended practice of the Transcendental Meditation and TM-Sidhi programs. (variable credits, may be repeated)

MVS 540 Principles of Maharishi Vedic Science: The Self-Referral Dynamics of Consciousness

Discover the fabrics of immortality in your own physiology. Topics include the self-interacting dynamics of consciousness, the Constitution of the Universe, the forty aspects of the Veda and Vedic Literature, Maharishi's *Apaurusheya Bhashya*, Rik Veda — the Constitution of the Universe, and Vedic Devata in the human physiology. (2-4 credits)

MVS 544 Physics of Invincibility

The Constitution of the Universe is the most fundamental level of Natural Law, underlying the whole universe — manifest and unmanifest — and its holistic value is available in the Samhita of Rik Veda. The self-referral dynamics of its sequential unfoldment is a process of symmetry breaking, recently glimpsed by contemporary unified quantum field theory. This course will show how the historical development of the unified quantum field theory has been intimately concerned with resolving the apparent opposition between observer and observed. In this context, the student can readily understand how Maharishi Vedic Science completes and enriches the most sophisticated discoveries of advanced physics. (2–43 credits)

MVS 548 Academic Writing: Harnessing the Deepest Level of Language to Express Total Knowledge

This course is structured to develop and refine students' writing abilities through repeated rewriting of extended versions of their class papers. (variable credits, may be repeated)

MVS 552 Developing Brahman Consciousness: Growing toward the Supreme Pinnacle of Human Evolution — All Experience Unified in the Self

This course covers Maharishi's precise description of higher states of consciousness that arise naturally and spontaneously through practice of the Transcendental Meditation and TM-Sidhi programs. Personal experience, scientific research, and the record of ancient Vedic texts are used to understand higher states of consciousness. (2–4 credits)

MVS 553 Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World — Physiology Is Consciousness

Enjoy Maharishi's unique insights into the structuring dynamics of the Vedic Literature as presented in the six Vedanga; and the criteria and methods of gaining accurate, complete and reliable knowledge, both intellectually and experientially as revealed by the

six Upangas. This course illuminates the path to enlightenment and leads to an increasingly refined understanding and experience of the ultimate nature of reality. (2–4 credits)

MVS 554 Maharishi Vedic Science and Judaism, Christianity, and Islam

Students will explore universal principles of life expressed by Maharishi Vedic Science and the religions of Judaism, Christianity, and Islam. The course will provide students the opportunity to study the following topics: The existence and nature of God; the main purpose of human life; the ultimate cause of all problems and suffering; turning within; the technology of transcending; the development of higher states of consciousness; and the creation of heaven on earth. (4 credits)

MVS 555 Absolute Theory of Government: Alliance with Total Nature Law

This course will examine the methodology of creating a permanent state of world peace. Topics will include: the structure and function of the total potential of Natural Law — the Government of Nature; the significance of Collective Consciousness and its effect on government; the Global Country of World Peace; and, scientific research on Vedic technologies that align individual and national awareness with the infinite intelligence and creative power of Nature’s Government, which administers the universe with perfect order. (3–4 credits)

MVS 556 Maharishi Vedic Science and Buddhism, Taoism, Confucianism

Students explore universal principles of life expressed by Maharishi Vedic Science and the religions of Buddhism, Taoism, and Confucianism. The course gives students the opportunity to study the following topics: The existence and nature of God, the main purpose of human life, the ultimate cause of all problems and suffering, turning within and the technology of transcending, developing higher states of consciousness; and the creation of heaven on earth. (4 credits)

MVS 562 Health Benefits of Maharishi Gandharva Veda

Exploratory research indicates that the effects of listening to Maharishi Gandharva Veda music include an increase in brain wave coherence, more integrated behavior, and a tendency of mental activity to settle down and experience finer states of awareness. This course presents an overview of current research, while giving students the opportunity to study this music and explore their own responses to it. Included is instruction in at least one of the following: bamboo flute, tabla, sitar, or voice. (2-4 credits, may be repeated)

Prerequisite: MVS 340 or consent of instructor

MVS 577 Synthesizing the Key Principles from Your Courses

In this course you will identify the key principles from all the courses in your graduate program, place them into the larger framework of your experience, and indicate how they

can be applied to your daily life. This course enables you to summarize the knowledge and experience you have gained from the program. (2–4 credits)

MVS 580 Practicum in Maharishi Vedic Technologies: Bringing Health and Wholeness to the Community

Students expand and apply their growing knowledge of Maharishi Vedic Science by functioning as professional technicians delivering such programs as the Maharishi Vedic Approach to Health preventive health and rejuvenation programs. (variable credits, may be repeated)

MVS 581 Practicum in *Consciousness-Based* Education: Structuring Knowledge in the Consciousness of the Student

Students expand, express and apply their growing knowledge of Maharishi Vedic Science by functioning as professional exponents of Consciousness-Based education, the educational system based on Maharishi Vedic Science. (variable credits, may be repeated)

MVS 585 Capstone — Celebrating Perfection in Education: Synthesizing Your Year of Study and Inner Growth and Preparing for the Future

In this course your growth to higher states of consciousness is celebrated in waves upon waves of fulfilling knowledge and blissful experience. This course presents Maharishi's synthesis of all aspects of Vedic knowledge in Unity Consciousness, Vedanta. (2–4 credits)

MVS 588 Presentations to All Levels of Society: Knowledge Becomes Knowledge When Applied in Action

This course gives students the opportunity to integrate knowledge gained in the program by making presentations on Maharishi Vedic Science in different areas of society. Areas may include business, education, health, government, defense, rehabilitation, or agriculture. Students present a written report on their project. (variable credits)

Prerequisite: consent of the Department faculty and the Academic Standards Committee

MVS 591 Writing Skills: Generating the Perfect Flow of Speech to Express Total Knowledge

Students enhance the skills needed to write about the Science of Creative Intelligence and Maharishi Vedic Science on a graduate level. This course is especially helpful for non-native speakers of English. (variable credits, may be repeated)

MVS 597 Topics in Maharishi Vedic Science: Investigating the Infinity of Points within Wholeness

Students explore topics in Maharishi Vedic Science under the guidance of University faculty and eminent Vedic scholars. Topics may include the Maharishi Jyotish program, the Maharishi Vedic Approach to Health program, Vedic Engineering, and Maharishi Gandharva Veda music. (variable credits, may be repeated)

MVS 599 Directed Study

(variable credits) *Prerequisite:* consent of the Department faculty

MVS 601 Special Topics 1

MVS 602 Special Topics 2

MVS 603 Special Topics 3

MVS 604 Special Topics 4

These courses allow students the opportunity to study a topic within Maharishi Vedic Science in depth, such as the theme of self-referral in Maharishi Vedic Science or the idea of a subjective science. (Note: The contents of these courses will vary depending on the needs of the students, the research interests of the available faculty, and the latest developments in Maharishi's presentations of Maharishi Vedic Science. In all cases the courses will feature in-depth study of books by Maharishi.) (variable credits)

MVS 605: Seminar on Philosophy of Science and Scientific Research on Maharishi's Technologies of Consciousness

In this seminar students study and evaluate the main contemporary approaches to the principles, methods, and applications of modern science and discuss the contributions of Maharishi Vedic Science to solving outstanding issues in philosophy of science. They then apply the integrated standards of Maharishi Vedic Science and modern science to the main avenues of research on the technologies of Maharishi Vedic Science, including those in which they will be doing their dissertation research projects. They also practice communicating these outcomes in a manner that would be comprehensible to scholars at any university in the world. (variable credits)

MVS 611 Research Methods: Learning the Self-Referral, Self-Correcting Nature of Science

Students survey basic approaches to research such as quantitative, qualitative, historical, clinical, and philosophical methods of analysis. Topics include logical and practical considerations in experimental design and measurement, writing literature reviews, and selecting research topics, as well as research ethics and such non-experimental methods as computer simulation, textual analysis, and survey research. (variable credits)

MVS 612 Research Principles, Logic, and Methods — Theory and Application

These courses introduce the principles and logic of scientific investigation and review the skills necessary for evaluating and undertaking scientific research. Topics include principles and methods of experimental designs and review of non-experimental methods such as textual analysis and case studies. These principles will be understood in practical contexts such as research in consciousness through the Transcendental Meditation and TM-Sidhi programs and the reading of Vedic Literature. (variable credits)

MVS 616 Statistics: Locate the Patterns Underlying Diversity

This course focuses on the use of statistics in the social sciences, especially as they relate to the growth of consciousness on individual and collective levels. *Topics include* — descriptive statistics, hypothesis testing and inference, regression techniques, analysis of variance, and non-parametric statistics. (variable credits)

MVS 618 Scientific Research on the Technologies of Maharishi Vedic Science: Identifying Reliable Knowledge through Repeatable Research

This course will review research on the technologies of Maharishi Vedic Science, including key studies in the six-volume series of *Collected Papers on the Transcendental Meditation and TM-Sidhi Program* as well as more recent studies. The course will focus on the evaluation of the studies in light of research design considerations as well as the development of the ability to describe and answer questions about key studies. (variable credits)

MVS 621 Specialized Research Paper: Testing and Validating Models in Maharishi Vedic Science

In this course students gain experience in conducting research and writing a publishable paper investigating models in Maharishi Vedic Science. The final paper should be of suitable scientific quality that it could be submitted for publication in a peer-reviewed journal. (variable credits)

MVS 630 Readings in Vedic Literature: Accelerate Growth to Enlightenment

In this course students read texts of Vedic Literature for the sound value, enjoying the benefits in consciousness and in physiology. Texts include the Bhagavad-Gita, Ramayana, and selected Upanishads. (variable credits, may be repeated)

MVS 635 The Discovery of Veda and Vedic Literature in Human Physiology: The Individual Is Cosmic

This course studies the historic discovery of the Veda and Vedic Literature in human physiology, brought to light by Professor Tony Nader, M.D., Ph.D., under the guidance of Maharishi. Students learn:

- how the intelligence of Nature, as expressed in the Veda and Vedic Literature, forms the basis of the structure and function of the physiology, and
- how human physiology forms a perfect replica of Nature's intelligence, the Constitution of the Universe.

This knowledge, together with the technologies that arise from it, represents the complete knowledge of perfect health — and the key to perfection in every area of life. (variable credits)

MVS 670 Advanced Analysis and Synthesis of Total Knowledge

In this course, you will master the Self-referral dynamics of pure consciousness in terms of the structure and function of the Samhita of Rishi, Devata and Chhandas; Rik and Ak; Aknim Ile; the Richo Ak-kshare verse of Rik Veda; the dynamics of the Gap; Maharishi's *Apaurusheya Bhashya*; the relationship between name and form in the Veda; the four Vedas; and the relationship between the silent dynamics of consciousness and the Unified Field of quantum field theory. (8 credits)

MVS 671 Maharishi's Insight into the Veda and Vedic Literature: Fabrics of Immortality

In this course you will study Maharishi's insights into the forty branches of the Veda and Vedic Literature. You will see videotapes that Maharishi has made on the Vedic Literature, including the Vedas, Vedangas, Upangas, Upavedas, Brahmanas, and Pratishakhyas. You will learn many of the Vedic Expressions that Maharishi has taught from the Vedic Literature, and you will read the Vedic Literature in Sanskrit, creating profound brain coherence. Most of all, you will enjoy deep rest and an ideal daily routine, leading quickly toward enlightened awareness and holistic functioning of the physiology. (variable credits)

MVS 672 Mastering Veda and Vedic Literature in the Human Physiology

Explore through subjective and objective means of gaining knowledge Raja Raam's connections between the structuring dynamics of the Vedic Literature and the human physiology. This course gives students the reality that they are Cosmic and leads to an increasingly refined understanding and experience of the ultimate nature of reality. (variable credits)

MVS 673 Original Research in EEG, Brain and Enlightenment

Brain functioning underlies conscious processing, states of consciousness, and enlightenment. You will learn how to record EEG (brain waves) and other physiological measures (breath rate, heart rate, and skin conductance), will learn the brain signatures of the practice of the Transcendental Meditation technique and of higher states of

consciousness, and will conduct original research testing a research question that you generate during the course. (variable credits)

MVS 674 Peace-Creating Professionals: Applying Maharishi Vedic Science to Society

You will learn how to create professional presentations and structure lectures that effectively demonstrate the applied value of Maharishi Vedic Science to solve individual, national and global problems. You will create presentations that will include research on current issues in governmental administration; finance and industry; economic inequities; education; physical, mental and societal health; crime and rehabilitation; agriculture; city planning; science and technology; homeland security; ethnic and religious tensions; international relations and the need for permanent world peace. (variable credits)

MVS 675 Maharishi Vedic Science and Religions

This course provides an advanced analysis and synthesis of core principles of Maharishi Vedic Science, as they are reflected and expressed in the Scriptures, writings, and experiences of saints of the religious traditions of Judaism, Christianity and Islam. The underlying unity of both theology and spiritual experiences are explored in the context of the diverse and culturally specific values of expression represented in each of these traditions. (variable credits)

MVS 680 Maharishi Vedic Science Seminar: Enlivening the Collective Understanding of Concepts in Maharishi Vedic Science

The Maharishi Vedic Science graduate seminar includes a review of current research topics in the major disciplines and their relationship to the principles of Maharishi Vedic Science. Each session focuses on a particular discipline and its relationship to Maharishi Vedic Science and is led by senior graduate faculty. (Track I students take 1 credit per semester; Track II students take 0.5 credits per semester.) (0.5–1 credit — repeated each semester)

MVS 682 Advanced Practicum in *Consciousness-Based* Education: Structuring Knowledge in the Consciousness of the Student

This course gives students the opportunity to integrate research skills and teaching skills by assisting the faculty in teaching a Forest Academy — a two-week period of study of particular themes of Maharishi Vedic Science. As an alternate fieldwork project, students may arrange, prepare, and give a series of presentations in at least two applied fields, such as education, government, business, rehabilitation, and the health professions. (2 credits — may be repeated)

MVS 691 Preparation for Qualifying Examination: Preparing a Fertile Ground for Demonstration of the Knowledge You Have Gained

This course provides the time necessary to prepare for the qualifying examination, which demonstrates research competence. It may be in the form of a research proposal, or in another form at the discretion of the program faculty. (variable credits — may be repeated) *Prerequisite:* successful completion of the core curriculum

MVS 693 Faculty Development Seminar and Oral Qualifying Exam (variable credits)

MVS 695 Faculty Development Seminar (variable credits)

MVS 698 Directed Research: Investigating the Laws of Nature Responsible for Life Around Us

(variable credits) *Prerequisite:* consent of the Department faculty and the Academic Standards Committee

MVS 699 Directed Study: Investigation into Fundamental Principles in Nature

(variable credits) *Prerequisite:* consent of the Department faculty

MVS 700 Preparation of Dissertation Proposal: Structuring the Foundation of Your Dissertation Research

Having passed to doctoral candidacy, students prepare a proposal for a doctoral dissertation for acceptance by their major professor and dissertation guidance committee. (variable credits, may be repeated) *Prerequisites:* Ph.D. candidate status and consent of the dissertation advisor

MVS 701 Dissertation Research: Scholarly Investigation into Models in Maharishi Vedic Science

Students conduct original research and prepare their dissertations during their third and fourth years in the program. (0.5–2.5 credits — may be repeated each semester) *Prerequisites:* approval of the dissertation proposal and consent of the dissertation committee

Special Maharishi Vedic Science Studies Courses

NOTE: Some of the following courses are taught under the auspices of the Maharishi Vedic Education Development Corporation (MVED).

MVS 331 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I

The TM-Sidhi program is a natural extension of the Transcendental Meditation program and may be learned after two months of regular practice of the Transcendental Meditation technique. The Transcendental Meditation technique opens the awareness to Transcendental Consciousness, which is the basis of everyone's awareness. The TM-Sidhi program cultures the ability to think and act from this level. This course includes instruction in the TM-Sidhi program and group knowledge and experience meetings. (2 credits for each part) *Prerequisites:* a record of good mental and physical health, completion of the TM-Sidhi course application, and acceptance by the TM-Sidhi program directors

MVS 332 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II

The TM-Sidhi program is a natural extension of the Transcendental Meditation program and may be learned after two months of regular practice of the Transcendental Meditation technique. The Transcendental Meditation technique opens the awareness to Transcendental Consciousness, which is the basis of everyone's awareness. The TM-Sidhi program cultures the ability to think and act from this level. This course includes instruction in the TM-Sidhi techniques and group knowledge and experience meetings. (2 credits for each part) *Prerequisites:* a record of good mental and physical health, completion of the TM-Sidhi course application, acceptance by the TM-Sidhi program directors, and completion of MVS 331

MVS 480 *Topics in Maharishi Vedic Science*

This course presents knowledge of Maharishi Vedic Science, formulated by Maharishi and applied to all streams of knowledge by the University faculty and guest lecturers. The principles of this integrated structure of knowledge are shown to have application for every area of society, as documented by the scientific research on the Transcendental Meditation and TM-Sidhi programs. (variable credits, may be repeated)

MVS 490 *Transcendental Meditation* Program Teacher Training

This course comprises the Transcendental Meditation Program Teacher Training Course, providing the knowledge and experience of consciousness as the basis of life and preparing one to present the knowledge to others. It also gives an opportunity for personal development through deeper personal experience of the Unified Field of Natural Law and understanding of the Science of Creative Intelligence. Participation in the course does not automatically qualify a student to graduate as a teacher of the Transcendental Meditation program. Further training and fieldwork may be needed before graduation as a teacher. (variable credits) *Prerequisites:* STC 108/109 or FOR 500 and other prerequisites as established by MVED

MVS 491 *Transcendental Meditation Program Teacher Training — Part 2*

This course completes the *Transcendental Meditation Program Teacher Training Course*. It also provides an opportunity for personal development through deeper personal experience of the Unified Field of Natural Law and understanding of the Science of Creative Intelligence. Participation in the course does not automatically qualify a student to graduate as a teacher of the Transcendental Meditation program. Further training and fieldwork may be needed before graduation as a teacher. (variable credits) *Prerequisites:* MVS 490 and other prerequisites as established by MVED. Students are encouraged to finish their degree requirements before taking this course, and must have a minimum of at least one year of progress in a degree at MUM. The course must be appropriate to the degree the student is seeking.

MVS 492 *Transcendental Meditation Program Teacher Training Program Fieldwork Internship*

This course allows students to learn and perfect the ability to expound the knowledge for developing consciousness as the Unified Field of Natural Law in the individual and in society. (2–8 credits) *Prerequisites:* MVS 490, prior consent of the Department faculty, approved study plan, and consent of the Academic Standards Committee

MVS 493 *Transcendental Meditation Program Teacher Training Program Teaching Internship*

In this course, students who have qualified as teachers of the Transcendental Meditation technique and the Science of Creative Intelligence program work full time for at least one year teaching these programs. Two credits are given for each month students are engaged in this internship. (24 credits) *Prerequisite:* MVS 491

MVS 495 *Transcendental Meditation Program Governor Training*

This course is a rigorous and systematic investigation into the nature of human consciousness, both in its pure form, as the Unified Field of Natural Law, and in its expressed values as the specific Laws of Nature structuring the activity of the mind, body, and environment. This investigation makes use of (1) a laboratory component of direct personal experience of the Unified Field of Natural Law, (2) a theoretical analysis of laboratory experience, and (3) a historical analysis of that experience by comparing the nature and development of consciousness with ancient records. (up to 24 credits, may be repeated) *Prerequisites:* MVS 491 and other prerequisites as established by MVED

MVS 497 *Transcendental Meditation Program Research Internship*

This course provides the opportunity for extended Development of Consciousness as a field of all possibilities as well as practical application of Maharishi Vedic Science. Four

credits are given for each month students are engaged in this internship. (4–24 credits)

Prerequisite: acceptance by MVED

MVS 498 *Transcendental Meditation Program Minister Training*

This course offers an advanced level of experience and understanding of the science and technology of consciousness. It emphasizes the study and experience of the group dynamics of consciousness. Students are trained in how to fulfill their own desires in a natural way while at the same time spontaneously fulfilling the interests of the whole society. (up to 24 credits) *Prerequisites:* MVS 495 and other prerequisites established by MVED

MVS 531 *Transcendental Meditation-Sidhi Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I*

The TM-Sidhi program is a natural extension of the Transcendental Meditation program and may be learned after two months of regular practice of the Transcendental Meditation technique. The Transcendental Meditation technique opens the awareness to Transcendental Consciousness, which is the basis of everyone's awareness. The TM-Sidhi program cultures the ability to think and act from this level. This course includes instruction in the TM-Sidhi program and group knowledge and experience meetings. (2 credits for each part) *Prerequisites:* a record of good mental and physical health, completion of the TM-Sidhi course application, and acceptance by the TM-Sidhi program directors

MVS 532 *Transcendental Meditation-Sidhi Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II*

The TM-Sidhi program is a natural extension of the Transcendental Meditation program and may be learned after two months of regular practice of the Transcendental Meditation technique. The Transcendental Meditation technique opens the awareness to Transcendental Consciousness, which is the basis of everyone's awareness. The TM-Sidhi program cultures the ability to think and act from this level. This course includes instruction in the TM-Sidhi program and group knowledge and experience meetings. (2 credits for each part) *Prerequisites:* a record of good mental and physical health, completion of the TM-Sidhi course application, acceptance by the TM-Sidhi program directors, and completion of MVS 531